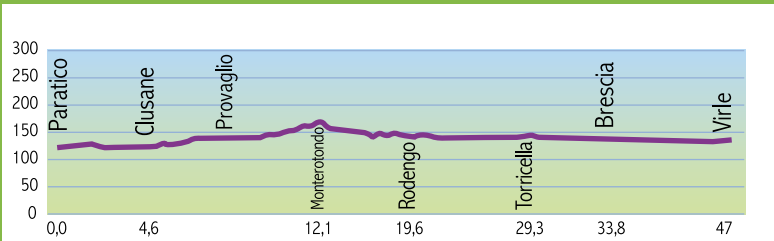


1 The Lakes Cycle Route Part 1 From Paratico to Rezzato along the Emila Gallica Roman road

The route follows a path known since prehistoric times which linked the centre of Europe to the ports on the Adriatic. This ancient link reached Italy near Como and, touching on the cities of Lecco, Bergamo and Brescia, arrived at its destination in the small town of Adria. Having been completely refurbished in Roman times, this important pathway became a consular way and was renamed Via Emilia Gallica. Through the centuries various buildings equipped to provide travellers and pilgrims with assistance were erected along the route, such as the hospices dedicated to Saint Giacomo and lined up between the Lake Iseo and Rezzato. The cycle path exists thanks to a planning agreement between the Provincial Administrative

Offices of Brescia and Bergamo, Lecco and Milan to join up their cycle routes into one route called the Lakes Cycle Route, part of the BI12 route (also named the “Pedemontana Alpina Cycle Route”) and included within the Bicalitalia tourist cycling network.

Starting Point:	Paratico
Destination:	Virle di Rezzato
Level of difficulty:	light
Bike type:	MTB and Citybike
Length:	47 km



The Lakes Cycle Route Part 1 • Useful information

INFORMATION:

Provincia di Brescia
Assessorato Cultura e Turismo
- Ufficio Iat di Brescia
Piazza del Foro, 6 Brescia - Tel: 030.3749916
iat.brescia@provincia.brescia.it
- Ufficio Iat Lago di Iseo e Franciacorta
Lungolago Marconi, 2 c-d Iseo
Tel: 030.3748733
iat.iseo@provincia.brescia.it

Strada del Vino Franciacorta
Via G. Verdi, 52 - Erbusco
Tel: 030.7760870
www.stradadelfranciacorta.it

Linea ferroviaria
Brescia-Iseo-Edolo
www.trenord.it

Accommodation
www.provincia.brescia.it/turismo

TOWNHALL along the way:

Comune di Paratico
Via XXIV Maggio - Tel: 035.924311
www.comune.paratico.bs.it

Comune di Iseo
Piazza Garibaldi, 10 - Tel: 030.980161
www.comune.iseo.bs.it

Comune di Corte Franca
Piazza di Franciacorta, 1 - Tel: 030.984488
www.comune.cortefranca.bs.it

Comune di Provaglio d'Iseo
Palazzo Francesconi, Via Europa, 5
Tel: 030.9291200
www.comune.provagliodiseo.bs.it

Comune di Passirano
Piazza Europa, 16 - Tel: 030.6850557
www.comune.passirano.bs.it

Comune di Paderno Franciacorta
Via Toselli, 7 - Tel: 030.6853911
www.padernofranciacorta.net

Comune di Rodengo Saiano
Piazza Vighenzi, 1 - Tel: 030.6817711
www.rodengosaiano.net

Comune di Gussago
Via Peracchia, 3 - Tel: 030.2522919
www.gussago.com

Comune di Cellatica
Piazza Martiri Libertà, 9 - Tel: 030.2526811
www.comune.cellatica.brescia.it

Comune di Brescia
Piazza della Loggia, 1 - Tel: 030.29771
www.comune.brescia.it

Comune di Rezzato
Piazza Vantini, 21 - Tel: 030.249711
www.comune.rezzato.bs.it

MUSEUMS, MONUMENTS AND NATURAL AREAS along the way:

Provaglio d'Iseo
- Monastero di San Pietro in Lamosa
Via Sebina - Tel: 030.983477 - 349.4118434
www.sanpietroinlamosa.org
- Riserva Naturale Torbiere del Sebino
L'ingresso alla Riserva è dal Monastero di S. Pietro in Lamosa. Gruppi con più di 5 pax devono chiedere l'autorizzazione telefonica preventiva
Tel: 0309823141
www.torbiere.it

Rodengo Saiano
Abbazia Olivetana di San Nicola
Via Brescia, 83 - Tel: 030.610182
www.benedettiniabbaziaolivetana.org

Brescia
- Museo Diocesano
Via Gasparo da Salò, 13 - Tel: 030.40233
www.diocesi.brescia.it/museodiocesano
- Palazzo Martinengo - Itinerario Archeologico
Via Musei, 30 - Tel: 030.3749916
www.provincia.brescia.it/cultura

- Santa Giulia - Museo della Città
Via Musei, 81/b - Tel. 030.2977833-34
www.bresciamusei.com
- Museo Mille Miglia
Via della Rimembranza, 3 - Sant'Eufemia
Tel: 030.3365631
www.museomillemiglia.it

BICYCLES SALE AND REPAIR:

Iseo
Fattore ciclo
Via Vittorio Veneto, 9/C - Tel: 030.9821803

Passirano
Bonardi Graziano
Via Libertà, 55 - Tel: 030.7759839
Lissignoli Gino & C.
Via Europa, 110 - Tel: 030.6850658

Gussago
La Bicicletta
Viale Italia, 115 - Tel: 030.2521454

Per i negozi di Brescia consultare lo sportello
Più Bici a Brescia - Tel: 030 2977302
Gio 15.30-18-30; Sa 9.30-12.30
www.amicidellabicibrescia.it

EMERGENCY NUMBER: 118

The Lakes Cycle Route Part 1 • Historic and artistic tips



Iseo, the ancient spinning mill

Today, all that is left of the ancient castle of **Paratico**, built in the thirteenth century by the Lantieri family, are the walls and a tower. The beautiful spot of **Clusane** is overlooked by the fourteenth century Count Carmagnola's castle, a defence structure which in the sixteenth century was transformed into a private residence. The lively town of **Iseo**, from which the large towers of the thirteenth century Oldofredi Castle jut out, comprises a number of elegant private residences and important historical monuments. One of these is the Roman church of Sant'Andrea, with

a distinctive bell-tower located in the centre of its façade, and which contains a painting by Hayez. Notable is also the Oratory of the Disciplini, with its original thirteenth century apse and its fresco of a “*Danse Macabre*” from the fifteenth century. In **Provaglio d'Iseo**, you can visit the Benedictine monastery of San Pietro in Lamosa, a grandiose prayer site laid on an elevated plane on the edge of the Torbiere del Sebino Nature Reserve. The monastery chapel, which still comprises its small but precious Romanesque apses, is decorated with frescoes from the fifteenth and sixteenth centuries. The tenth century **Passirano** castle represents



The abbey at Rodengo Saiano



The castle at Passirano

one of the best-preserved examples of a fortified fence, and still maintains its angular turrets from the original layout, whereas its ghibellino style battlements and walled perimeter were added in the nineteenth century. In the **Rodengo Saiano** area you must stop at the ancient Abbey of San Nicola, founded in the eleventh century by the Benedictine monks of Cluny and later entrusted to the care of the Olivetani monks. From the three atmospheric medieval cloisters you can reach the monks' main living quarters, decorated with paintings by the most important Brescian artists of the Renaissance: Foppa, Romanino and



Provaglio, San Pietro in Lamosa Monastery

Lattanzio Gambara. In the Abbey church, which is dedicated to San Nicola di Bari, is a painting by Moretto of “Christ in Glory”. At the top of a hill near **Gussago** you can see the harsh profile of the former Dominican convent of the Santissima, which was transformed at the end of the nineteenth century into a small neo-gothic castle at the behest of Paolo Richiedei. There are elegant homes in the nearby village of Sale, and the stone façade of the fifteenth century Casa Sala is particularly noteworthy, as well as the dovecote tower of the fifteenth century Caprioli Palace. **Brescia** is known as the Lioness of Italy because

of the courage that its people showed during the 10 days of revolt against the Austrians in 1849. The city has a very proud and long history, during which it played a leading role in several periods: from Roman times through to Lombard times, the *Comuni* period, the Renaissance and the *Risorgimento*. The town holds important memorials and monuments from each of these historical periods across its most important squares: Piazza del Foro, Piazza Paolo VI and Piazza della Loggia. The most important records of Roman and Lombard history in Lombardy are found here in Brescia: the archaeological site of the Capitolium and the Museum of Santa Giulia have both been



Brescia, Arnaldo square



The Roman temple

included within the UNESCO site dedicated to “The Lombard population in Italy: the sites of power (568-774 AD)”. The churches of the town hold works by important painters such as Foppa, Moretto, Romanino, Tiepolo and Titian. The Monastery of Sant'Eufemia della Fonte was founded in 1008 by Bishop Landolfo has been restored and transformed into the home of **Rezzato** Mille Miglia Museum. In the parish church of you will find a baroque altar made by local stonemasons. The Municipal Palace was built in 1839 on a design by the Brescia architect Rodolfo Vantini.

The Lakes Cycle Route Part 1 From Paratico to Sale di Gussago

The cycle ride begins at the bridge between Sarnico and Paratico, at the border with the province of Bergamo. Take the cycle path beside the lake and follow it to the village of Clusane, then continue downhill to the left. Once you have reached the port, head towards the church, and from here to the main provincial road (la Provinciale), which you should cross to



Lake Iseo from Clusane

enter the cycle path going slightly uphill towards Brescia. When you reach the small town of Cremignane, turn right up to the crossing over the main road. In this section, the ride coasts the Nature Reserve of the Torbiere, one of the most beautiful parts of the whole ride. When you reach Provaglio, turn right towards the industrial area and take the uphill route up to Monterotondo. Turn left and go downhill, then turn right between fields next to a wood. You will soon reach the Passirano castle, where you will cycle beside the gardens of a villa. Pass a residential area, then turn right to take the route that continues amongst meadows and vines



The Nature Park of the Torbiere

up to the level crossing of Paderno Franciacorta. Turn right, then left, to reach the main square. Continue on the cycle path up to the second level crossing, and go around it in order to return to the field. At the industrial area, pass the ring road and then the houses, also passing the cemetery and continuing to the Rodengo Abbey. Take the path alongside the monastery wall and continue to the village of Sale di Gussago.



The Lakes Cycle Route Part 1 From Sale di Gussago to Virle di Rezzato

From the old part of Sale di Gussago follow the signs to cross the residential and industrial areas, until you reach fields again. Pass some more houses, then take the uphill path that leads to the suburbs of Brescia. At the top, turn right on to the road with a chain across its entrance, and follow Via Torricella di Sotto, Via dello Zoccolo and then Via Cristoforo Colombo, staying on the cycle path throughout. Pass the river Mella and the ring road, then take the right turn at the traffic lights and turn left on to Via Carducci up to the no entry sign. Walk your bike on the pavement up to Via Montebello, and at the end cross the traffic lights and turn right on to the cycle path to Piazza Garibaldi, where you turn left on to Corso Garibaldi. Cross the city centre by taking Corso Mameli first, then Piazza della Loggia, Via X Giornate, Corso Zanardelli and Via Mazzini. Once you are level with Piazza Vescovado, turn left on to Via Trieste and you



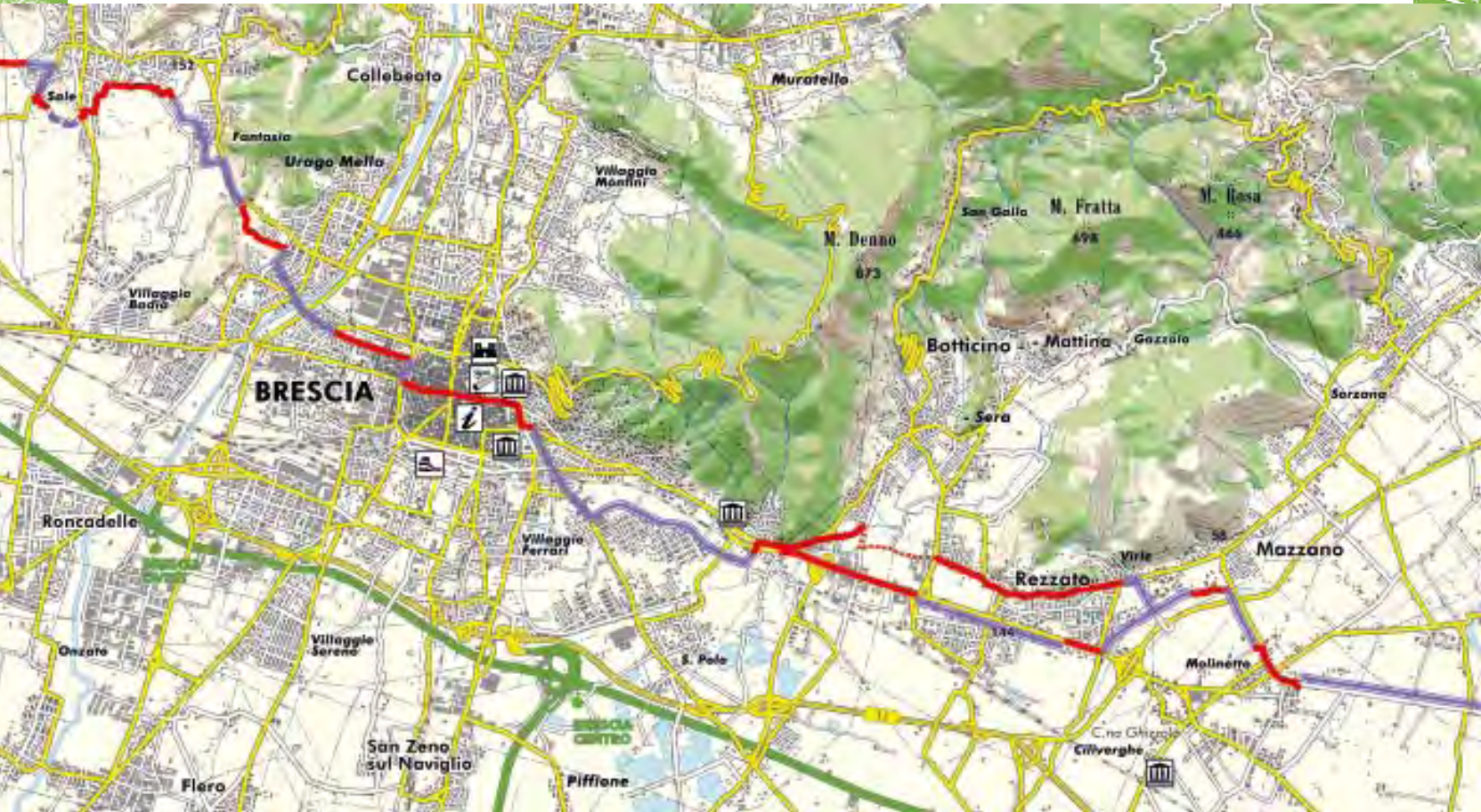
A villa near Torricella

will find yourself in Piazza Paolo VI, which you should cross with the monuments to your right. Take Vicolo Sant'Agostino and turn right on to Via Musei. At the traffic lights turn right on to Via Mazzini up to the crossing with Via Trieste, then turn left. Go right to the end and reach Piazzale Arnaldo. Cross the square to reach the beginning of Via Spalti San Marco, then turn right on to Largo Torrelunga to take the cycle path that winds along the Water Park. (You can extend the ride a little if you turn left on Via Trieste to take Via Veronica Gambara, in order to reach Via Musei. Walk your bike against the traffic and reach Santa Giulia, the City Museum, or turn left and reach Piazza del Foro which you can cross to reach Via Carlo Cattaneo. Go straight ahead into Via Cereto in order to join Via Trieste again.) At the roundabout turn left on to Via Mantova, and at the traffic lights take the cycle path to your right

(on the left-hand side of the road). Go through the railway underpass and, once you are level with the court buildings, turn left on to the cycle path on Via Francesco Lonati until you reach a small cemetery. Carry on along a small road that crosses the next railway underpass to your left. Turn right up to Rezzato where the cycle path begins. Once past the traffic lights in Rezzato, keep on the cycle path first and then on the cycle lane to the traffic lights, where you will find a Chinese restaurant to your right. After 50 metres take the small road to your left straight after the wall surrounding the park of the large villa on the corner.



Villa Fenaroli in Rezzato



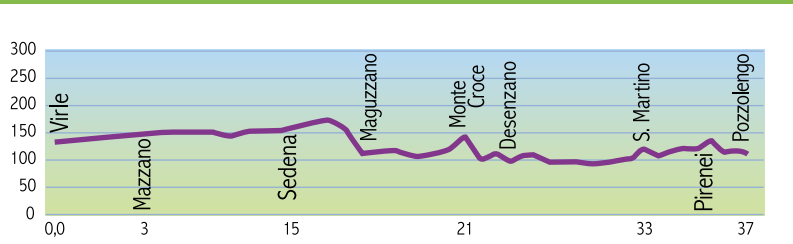
2 The Lakes Cycle Route Part 2 From Rezzato to Pozzolengo towards Mantova and Verona



Completely redesigned in Roman times, the route between Brescia and Verona is described in the diary of a pilgrim travelling from Bordeaux to Jerusalem in 333 A.D.. The stretch between the two cities remained in use until the early Middle Ages, when it was pushed back on to the moraine hills nearby due to silting of the land between Sirmione and Peschiera. Over the centuries, buildings were constructed along this historical path to offer assistance to travellers and pilgrims, such as the hospices dedicated to St. James in Rezzato and in Pozzolengo. The cycle path exists thanks to a planning agreement between the Provincial Administrative Offices of Brescia, Bergamo, Lecco and Milan to join up their

cycle routes into one route called the Lakes Cycle Route, part of the BI 12 route (also named the “Pedemontana Alpina Cycle Route”) and included within the Bicitalia tourist cycling network.

Starting Point:	Virle
Destination:	Pozzzolengo
Level of difficulty:	light
Bike type:	MTB and Citybike
Length:	37 km



The Lakes Cycle Route Part 2 • Useful information

INFORMATION:

Provincia di Brescia
Assessorato Cultura e Turismo
- Ufficio Iat di Brescia
Piazza del Foro, 6 Brescia - Tel: 030.3749916
iat.brescia@provincia.brescia.it
- Ufficio Iat di Desenzano del Garda
Via Porto Vecchio, 34 Desenzano del Garda
Tel: 030.3748726
iat.desenzano@provincia.brescia.it
- Ufficio Iat di Sirmione
Viale Marconi, 6 Sirmione - Tel: 030.3748721
iat.sirmione@provincia.brescia.it

Strada dei Vini e dei Saperi del Garda
Via Porto Vecchio, 34 - Desenzano del Garda
Tel: 030.9990402
www.stradadeivini.it

Navigazione Lago di Garda
Piazza Matteotti - Desenzano del Garda
Tel: 030.9149511
www.navighi.it

Linea ferroviaria
Milano-Brescia-Venezia
www.trenitalia.com

Accommodation
www.provincia.brescia.it/turismo

TOWNHALL along the way:

Comune di Rezzato
Piazza Vantini, 21 - Tel: 030.249711
www.comune.rezzato.bs.it

Comune di Mazzano
Viale della Resistenza, 20
Tel: 030.212191
www.comune.mazzano.bs.it

Comune di Bedizzole
Piazza Europa, 19 - Tel: 030.6873940
www.comune.bedizzole.bs.it

Comune di Lonato del Garda
Piazza Martiri della Libertà, 12
Tel: 030.91392211
www.comune.lonato.bs.it

Comune di Desenzano del Garda
Via G. Carducci, 4 - Tel: 030.9994211
www.comune.desenzano.brescia.it

Comune di Sirmione
Piazza Virgilio, 52 - Frazione Colombare
Tel: 030.9909100
www.comune.sirmione.bs.it

Comune di Pozzolengo
Piazza Repubblica, 1 - Tel: 030.918131
www.comune.pozzolengo.bs.it

MUSEUMS, MONUMENTS AND NATURAL AREAS along the way:

Mazzano
Musei Mazzuchelli
Villa Mazzuchelli-Giacomini
Via Mazzuchelli, 2 - Frazione Ciliverghe
Tel: 030.212421 www.museimazzuchelli.it

Lonato del Garda
Chiesa di Santa Maria Assunta
Abbazia di Maguzzano
Località Maguzzano - Tel: 030.9130182
www.abbaziadimaguzzano.it

Desenzano del Garda
- Castello
Via Castello - Tel: 030.9994282
www.comune.desenzano.brescia.it
- Villa Romana - Antiquarium - Mosaici
Via Crocefisso, 2 - Tel: 030.9143547
www.archeologica.lombardia.beniculturali.it
- Museo Civico Archeologico
“Giovanni Rambotti”
Via Tommaso Dal Molin, 7c - Tel.: 030.9144529
www.onde.net/desenzano/citta/museo
- Museo Risorgimentale - Torre
Monumentale
Frazione San Martino della Battaglia
Tel: 030.9910370
www.solferinoesanmartino.it

Sirmione
- Grotte di Catullo - Zona Archeologica e Museo
Via Orti Manara, 4 - Tel: 030.916157
www.archeologica.lombardia.beniculturali.it
- Rocca Scaligera
Piazza Castello - Tel: 030.916468

BICYCLES SALE AND REPAIR:

Mazzano
Ottorino Benuzzi
Viale Brescia - Fraz. Molinetto
Tel: 030.2620189

Bedizzole
Garda Motori
Via Fratelli Chiodi, 6 - Tel: 030.6871410

Desenzano del Garda
Girelli Luciano
Via Annunciata, 10 - Tel: 030.9127222

Sirmione
Il ciclista
Via Brescia, 23/25 - Tel: 030.9905936

EMERGENCY NUMBER:
118

The Lakes Cycle Route Part 2 • Historic and artistic tips



Parish church at Virle

In **Molinetto** di Mazzano, the parish church has an elegant neo-classical façade designed by the painter Luigi Basiletti, from Brescia. Near the eighteenth century bridge of **Pontenove** di Bedizzole rises the Romanesque church of Santa Maria Annunciata, built on the remains of a Paleo-Christian place of worship. In the forecourt of the building remains of a baptistery dating back to the ninth and tenth centuries were discovered. In the area of **Lonato** stands the Benedictine Abbey of Maguzzano, a religious complex dating from the tenth century and rebuilt at the end of the fifteenth cen-

tury. There is an elegant Renaissance cloister within its church, preserving the Moretto painting of The Assumption of the Virgin. Also worth seeing is the parish church of St. Zeno, a Romanesque building dating back to the late twelfth century. **Desenzano del Garda**, a well-known resort on Lake Garda, has a beautiful old port surrounded by buildings from the end of the sixteenth century, including the Town Hall, the unfinished palace of the Superintendent of the Veneto and the Cathedral of Mary Magdalene. In this cathedral, with its elegant lines from the late



Pontenove at Bedizzole



San Zeno in Lonato

Renaissance, you will see Gian Battista Tiepolo’s “Last Supper” (1743) and twenty-two canvases with Stories of Mary Magdalene’s Life by Andrea Celesti. Also worth noting is the high altar and the tabernacle, which is inlaid with polychrome marble and embellished with statues by Sante Calegari. Not far away is a fourth century Roman villa which has been turned into a museum, with precious polychrome mosaics. In the village



Desenzano harbour

of Rivoltella is the ancient parish church of San Zeno, where one can see fragments of medieval frescoes. In nearby **San Martino della Battaglia** stands the Memorial Tower, built in 1893 to commemorate the Risorgimento Battle of Solferino and San Martino. Behind this monument stands the Risorgimento Museum. The medieval town of **Pozzolengo** is over-shadowed by its imposing castle, dating back to the tenth century, and fortified by the Venetian Republic at the beginning of the sixteenth century. Of

the original structure, some imposing walls with angular towers still remain. The church houses a precious Antegnati organ from 1608 and a masterpiece by Andrea Celesti. In San Giacomo one can find the remains of a medieval xenodochium, a room within the local monastery dedicated to the temporary accommodation of guests and pilgrims. The medieval town of **Sirmione** lies at the foot of its mighty Scaligera fortress (from the thirteenth century), which still holds its original fortified harbour in a perfect state



San Giacomo at Pozzolengo



Sirmione Castle

of preservation. At the end of the peninsula the so-called Grotto of Catullus, which comprise the remains of a villa from the Roman Empire, offer one of the best examples of ancient residential building in the whole of the North of Italy. This archaeological area also houses a museum of artifacts found in the area of Sirmione. Finally, at the peninsula’s highest point stands the Lombard church of San Pietro in Mavino.

The Lakes Cycle Route Part 2 From Virle di Rezzato to Desenzano

From the church of Virle, take a cycle path and come to a roundabout, then keep right until you reach an underpass. Continue toward Salò and take the right fork towards the centre of Molinetto. From here, head toward Pontenove Bedizzole. Having reached the bridge over the River Chiese, the path continues towards the hamlet of Salago, going past a farmhouse. The route moves onward in the open countryside up to the irrigation canal in Lonato, which you should follow up to a 'stop' sign, and then turn left. At the first street turn right, back-tracking a little way. After crossing a country road, the path climbs uphill to the village of Monteroseo, where it then starts descending rapidly. At the end of the hill, turn right to reach the crossing of a busy street. Go up carefully, then resume the track running through fields until you reach the village of Sedena Lonato.

Take the path reserved for cyclists up to the traffic light, crossing the main road. Continue next to the church up to the intersection, then turn first left then right, travelling uphill from the fields. At the end of a straight road the path starts to descend and, veering to the left in order to avoid the hill, it quickly leads to the crossing at the Lonato-Padenghe county road, which you should cross with great care. Beyond the Provinciale, the path continues along Via Breda, leading to the pretty village of Maguzzano. Continue alongside the monastery, then turn right between a long stretch of olive groves and woods. At the end of the path, take the road that goes right into the woods.



Cycle route near Sedena

Riding now on mostly unpaved roads, you come to a fairly steep hill, but when you reach the summit of Monte Croce you will have a breath-taking view of the lake with the mountains reflected in it. Going downhill again, you will then reach the outskirts of Desenzano fairly easily.



The Lakes Cycle Route Part 2 From Desenzano to Pozzolengo towards Mantova and Verona

From Desenzano train station, take the road beside the tracks under the railway. From here, the path goes through various fields towards the village of Casotto. Ride beside the railway line for a short while, then head down the path beside a farm. From here, turn left twice and carry on until you reach Pieve di San Zeno in Rivoltella, which is situated at the end of a short climb. Pass the houses in the village and turn right. Beyond the cemetery, go right again and go down as far as the old railway underpass, which has now been converted into a pedestrian walkway. After the railway, pass the stop sign and turn right at the next junction. After crossing the intersection with the main road, go straight on until you pass



Colombera near Pozzolengo

under the railway line again. At the exit of the underpass, take the left road that runs parallel to the tracks, crossing first the ring road and then the motorway. At this point, the cycle ride leads to the Sacred Tower of San Martino della Battaglia. Go left at the crossing and then up the hill, where you will meet a short but challenging climb. At the top of the hill, just before the Tower, ride down to the roundabout and carry straight on. The path now moves leisurely between vineyards and rolling hills towards the valley of the River Mincio on the left. At the Vestona farm turn left, continuing uphill slightly, until you reach the village of San Giacomo ai Pirenei. Turn left here to reach

Sirmione, or turn right if you wish to cycle to Pozzolengo. Alternatively, take the unpaved road uphill to reach Ponti sul Mincio, where a provincial road with little traffic will lead you to the Peschiera-Mantova cycle route.



3 The Valle Camonica Cycle Route

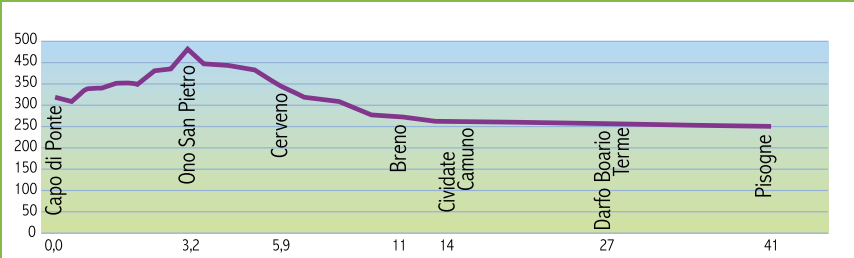
When the Valle Camonica route is completed, it will provide the entire area with a long cycle route which, from the borders with Trento and Sondrio, will allow cyclists to reach Lake Iseo and there join the Lakes Cycle Route to Bergamo and Verona and/or the Oglio Cycle Route to Cremona and Mantua, thus providing the valley with a number of internationally renowned cycle routes for tourists. This trail will start from the Tonale and Aprica passes, and will then unwind along two routes which will join in Edolo, and will then continue first along the left bank of the river Oglio, and then on its right-hand bank until it joins Lake Iseo. t the moment, the sections which are open and viable are the one between Capo Di Ponte and Pisogne, which touches Breno and Cividale Camuno, and the



From Capo di Ponte to Pisogne

short but wonderful section of cycle path directly facing Lake Iseo between Toline and Vello (although please note that the Vello Toline section is currently closed due to road works; we would advise users to confirm the exact date on which it will be reopened to the public directly with the IAT office). The section between Ponte di Legno and Vezza d'Oglio is currently being completed.

Starting Point:	Capodiponte
Destination:	Pisogne
Level of difficulty:	light
Bike type:	MTB and Citybike
Length:	41 km



The Valle Camonica Cycle Route • Useful information

INFORMATION:

Provincia di Brescia
Assessorato Cultura e Turismo
- Ufficio Iat di Darfo Boario Terme
Piazza Einaudi, 2 Darfo Boario Terme
Tel: 030.3748751
iat.boarioterme@provincia.brescia.it
- Ufficio Iat Lago di Iseo
Lungolago Marconi, 2 c-d Iseo
Tel: 030.3748733
iat.iseo@provincia.brescia.it

Navigazione Lago di Iseo
Via Nazionale, 6 - Costa Volpino
Tel: 035.971483
www.navigazione lagoiseo.it

Linea ferroviaria
Brescia-Iseo-Edolo
www.trenord.it

Accommodation
www.provincia.brescia.it/turismo

TOWNHALL along the way:

Comune di Capo di Ponte
Via Stazione - Tel: 0364.42001
www.comune.capo-di-ponte.bs.it

Comune di Ono San Pietro
Piazzale Donatori di Sangue, 1
Tel: 0364.434490
www.comune.ono-san-pietro.bs.it

Comune di Cerveneno
Piazza Prudenzi, 2 - Tel: 0364.434012
www.comune.cerveneno.bs.it

Comune di Losine
Via Prudenzi, 22 - Tel: 0364.330223
www.comune.losine.bs.it

Comune di Breno
Piazza Ghislandi, 1 - Tel: 0364.322611
www.comune.breno.bs.it

Comune di Cividate Camuno
Piazza Fiamme Verdi, 12 - Tel: 0364.340383
www.cividatecamuno.gov.it

Comune di Esine
Piazza Garibaldi, 1 - Tel: 0364.367811
www.comune.esine.bs.it

Comune di Darfo Boario Terme
Piazza Col. Lorenzini, 4 - Tel: 0364.541100
www.darfoboarioterme.net

Comune di Pisogne
Via Vallecamonica, 2 - Tel: 0364.880559
www.comune.pisogne.bs.it

MUSEUMS, MONUMENTS AND NATURAL AREAS along the way:

Capo di Ponte
- Museo Didattico d'Arte e Vita Preistorica
via Pieve di San Siro, 4 - Tel: 0364.42148
www.archeologiadavivere.com
- Parco Nazionale delle Incisioni Rupestri
Loc. Naquane - Tel: 0364.42140
www.archeologica.lombardia.beniculturali.it
- Parco Archeologico Nazionale dei Massi di Cemmo
Fraz. Cemmo Loc. Pian delle Greppe
Tel: 0364.42140 Parco
- Parco Archeologico Comunale Seradina-Bedolina
Tel 0364.42104 - www.capodiponte.eu

Cerveneno
- Casa-Museo di Cerveneno (Museo Etnografico)
Vicolo Sonvico - Tel: 0364.434012 Comune
- Santuario Via Crucis - Chiesa di San Martino
Tel: 0364.434014

Breno
- Camus - Museo Camuno
Piazza Garibaldi, 4 - Tel: 0364.324099
www.vallecamoniacultura.it/museocamuno
- Santuario della Minerva
Loc. Spinera - Tel: 0364.344301

Cividate Camuno
- Museo Archeologico Nazionale della Vallecamonica
Via Roma, 29 - Tel: 0364.344301
www.civitascamunnorum.com
- Museo Archeologico del Teatro e dell'Anfiteatro
Via Mosè Tovini - Tel: 0364.344858
www.civitascamunnorum.com

Darfo Boario Terme Archeopark
Loc. Gattaro (zona Monticolo)
Tel: 0364.529552 - www.archeopark.net

BICYCLES SALE AND REPAIR:

Piancogno Tutto Bici
Via Fiume, 2-5 - Tel: 0364.466893

Braone Gnani Bike
Via Nazionale, 4 - Tel: 0364.435024

Darfo Boario Terme Cicli Poli
Via Monte Tonale, 1 - Tel: 0364.534521

EMERGENCY NUMBER:
118

The Valle Camonica Cycle Route • Historic and artistic tips



Cerveneno, Via Crucis

In **Cemmo**, a suburb of Capo di Ponte, the Romanesque Church of San Siro still preserves its original Lombard crypt. Also of note are the famous “Cemmo Rocks”, carved by primitive Camuna dwellers around the third century BC. In **Ono San Pietro**, the old part of town is worthy of note thanks to its rural stone buildings and small shaded passageways featuring traditional doorways, patios and galleries. The suburb of **Cerveneno** cle-

arly shows its medieval layout, and extends around its parish church, which features a fascinating Via Crucis comprising a series of sculptures carved by Beniamino Simoni in the mid-eighteenth century. The Casa Museo (Home Museum) of Cerveneno features furniture and everyday objects from a typical mountain house. In **Breno**, the old part of town is also worth visiting, with its church of Sant’Antonio, the Camuno Museum, and



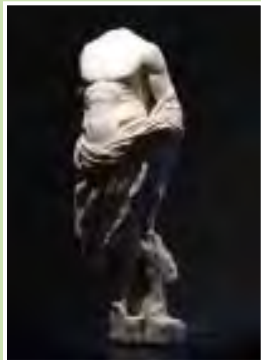
Breno, Castle

Ronchi Square near the Castle.

Spinera features the important archaeological site of the first century Sanctuary of Minerva, where the statue of Minerva which is currently on show in the Cividate Museum was originally discovered. **Cividate Camuno** was the Roman capital of the Valcamonica (the Camuna Valley) from the year 16 BC, and maintained this prestigious role for a considerable time. In the Parco del Teatro e dell’Anfiteatro, the remains of two well-preserved public buildings can still be found. In the National Archaeological



Pisogne, Santa Maria della Neve



Cividate Camuno, a Roman statue

Museum of the Valcamonica are pieces of furniture from the time, as well as the statues of Minerva (which was found in the Breno Sanctuary) and of the Prince and Hero, discovered during excavations of the ancient forum. **Darfo Boario Terme** is a renowned spa town which has been made more famous through the presence of the *Archeopark*, a real open air museum offering visitors the opportunity to relive the past by visiting reconstructed prehistoric settlements. In Darfo, the seventeenth century parish church is worth seeing for its frescoes by Teosa and Pietro Scalvini, its great altar by Fantoni, and a prestigious “Deposition”

attributed to Palma the Young. The small town of **Pisogne**, located at the exit of the Valle Camonica on the northern edge of Lake Iseo, was for a long time an interchange between land and water routes. The old quarter has developed around the main square, with its imposing Torre del Vescovo dating back to 1250. The parish church is also located here, and was built in 1769 by Marchetti with an altar designed by Vantini and a



Rock carving



Archeopark in Darfo Boario Terme

Serassi organ. The fifteenth century church of Santa Maria della Neve is not to be missed, with its hut-style façade enriched by a crown of hanging arches and a Renaissance stone portal. The interior is decorated with the extraordinary series of “Passion” frescoes by Romanino dating between 1532 and 1534, culminating in his glorious fresco of the Crucifixion.

The Valle Camonica Cycle Route From Capo di Ponte to Darfo Boario Terme

The cycle ride starts at the railway station of Capo di Ponte, moving towards the old centre of town down Viale Stazione. Past the Town Hall, turn left at the stop sign and then right, passing behind the monumental fountain and on to the Oglio bridge. An uphill section starts here which runs through the narrow streets of the old quarter to lead us to the church of Santo Stefano, in the village of Cemmo. After visiting this church, go straight on and then turn right, going uphill. Leave this pretty village behind you



Losine

and take what was originally a donkey trail up to the first few houses in Ono San Pietro. Cross the centre of the village cycling uphill again until you leave the residential area, and from here go downhill along another donkey trail which soon leads to the centre of Cervenno. From the square, go left up to the bend on Piazzale Belvedere, where you can turn right to take the route to Losine. Continue to the centre of the village, in front of the church. Follow the road, and at the traffic lights turn right along Via Fà. At the



Between Ono San Pietro and Cervenno

end, turn right again to reach an unpaved track which will lead you on to the passageway on the river Oglio near Breno. Once you have crossed this, turn left up to the underpass which leads to the road for the Minerva Sanctuary and the cycle path leading to the centre of Cividate Camuno. Keep on the side of the river going through fields until you reach the side of the ring road, along which you should ride for a few metres. Past the hospital of Esine, the route rejoins the river up to the first few houses in Boario Terme.



Capodiponte, San Siro



The Valle Camonica Cycle Route From Darfo Boario Terme to Pisogne

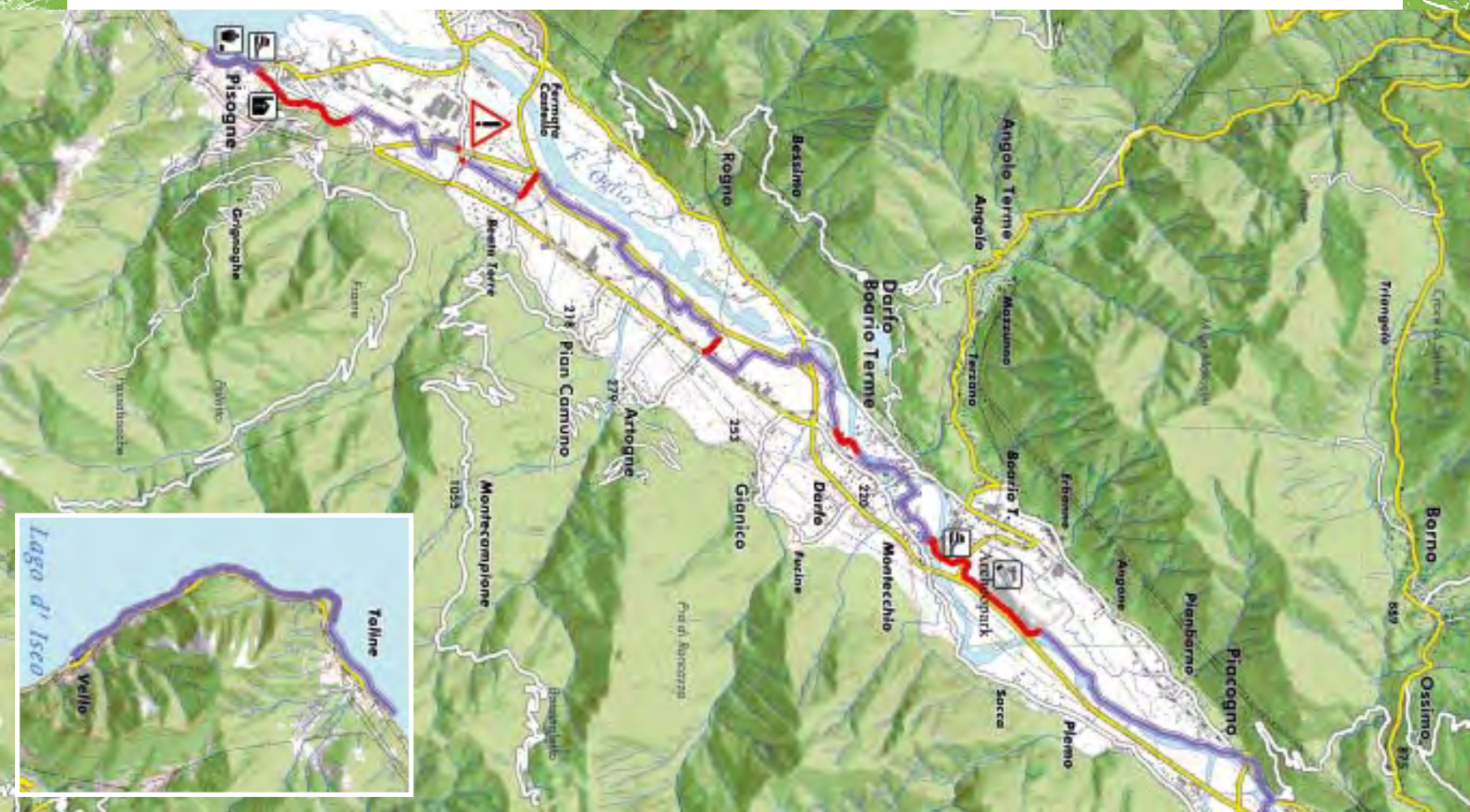
Near the Archeopark in Darfo Boario Terme, take the cycle path and then follow the paved road running along the river Oglio to the hump-backed bridge at Darfo. Here, turn right in front of the church, and then left up to a passageway near the football ground. Go along a winding path past some modern garages until you reach a second sports ground. Here, take a right and then a left turn and continue past the swimming pools, keeping them to your right. Continue to the back of the passageway which leads to the public buildings of Darfo. At the stop sign, turn left and then immediately right along a one-way street leading to the schools. Once you have passed the Monument



Montecchio bridge

to the Fallen Heroes (Il Monumento ai Caduti), cross a dedicated bridge for cyclists and walkers across the river Oglio, then turn right onto the narrow passageway beside the river. Soon after, you will cross a residential area and will then enter fields, passing a canal. The cycle ride starts winding its way through open countryside, passing under the ring road at various points and crossing two deep waterways. Once you have reached another residential area, turn left when you are level with the railway, and then right on to a dedicated cycle lane. Cross the stop sign carefully and take the road under the ring road in order to reach the path beside the railway. The trail returns

through fields to the industrial area of Pisogne. At the stop sign, cross the main road and take the unpaved path back into the fields. At the end, do not take the roundabout, and instead go on to the unpaved path to your left and follow it until you reach a residential area. After a few hundred meters, you will reach the square in front of the church of Santa Maria della Neve. Take the road opposite the church until you reach a roundabout, then go left until you reach another roundabout near the shopping centre. Here, go right to reach the Pisogne railway station and, straight ahead, the rather more interesting old part of town.



4 The Cardo Cycle Route

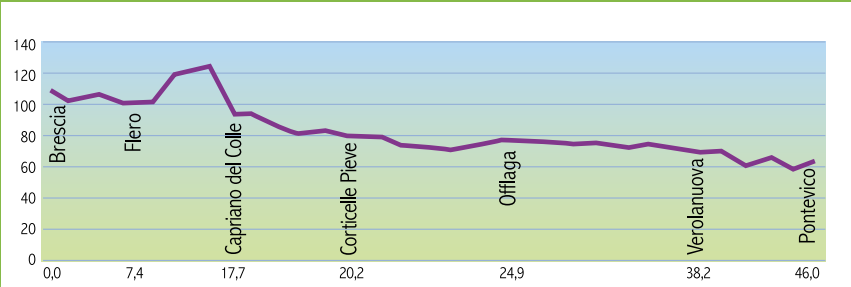
From Brescia to Cremona following the Roman pattern of farm-land allocation



The cycle path linking Brescia with Monticelli D'Oglio in the direction of Cremona, with an optional route through Ponteviso, winds across the large portion of Brescia plains which, from the first century BC, was developed and farmed by the Romans. The great division of this landscape into parcels was called “centuriazione”, because it was entrusted to the military centurions. The resulting network of land parcels at strict right angles to each other was created along the axis of the road which linked the two main towns of Brescia and Cremona, and which still today connects the towns of Ponteviso, Manerbio and Bagnolo Mella. This road, which was a continuation of the two *Cardus Maximus* roads (namely, the main roads) of Roman-time Brescia and Cremona, was also called the Cardo Massimo. The cycle route that

links Brescia to the Oglio river is laid out almost entirely along old rural roads that are efficiently inter-linked, and which maintain the north-east and south-east orientation of those routes which, thanks to their ancient construction, can justifiably be defined as historical.

Starting Point:	Brescia
Destination:	Ponteviso e Monticelli d'Oglio
Level of difficulty:	light
Bike type:	MTB and Citybike
Length:	46 km



The Cardo Cycle Route • Useful information

INFORMATION:

Provincia di Brescia
Assessorato Cultura e Turismo
- Ufficio Iat di Brescia
Piazza del Foro, 6 Brescia - Tel: 030.3749916
iat.brescia@provincia.brescia.it

Strada del Vino Colli dei Longobardi
Via Andrea del Sarto, 32 - Brescia
Tel: 030.2312791
www.stradadelvinocollideilongobardi.it

Linea ferroviaria
Brescia-Cremona
www.trenitalia.com

Accommodation
www.provincia.brescia.it/turismo

TOWNHALL along the way:

Comune di Flero
Piazza IV Novembre, 4
Tel: 030.2563173
www.comune.flero.bs.it

Comune di Poncarale
Piazza Caduti, 1 - Tel: 030.2640078
www.comune.poncarale.brescia.it

Comune di Capriano del Colle
Piazza Mazzini, 8 - Tel: 030.9748683
www.comune.capriano.bs.it

Comune di Dello
Via Roma, 65 - Tel: 030 .9718012
www.comune.dello.bs.it

Comune di Offlaga
Piazza Martiri, 2 - Tel: 030.979123
www.comune.offlaga.bs.it

Comune di Manerbio
Piazza Cesare Battisti, 1
Tel: 030.938700
www.comune.manerbio.bs.it

Comune di Verolanuova
Piazza Libertà, 37 - Tel: 030.9365010
www.comune.verolanuova.bs.it

Comune di Verolavecchia
Piazza Verdi - Tel: 030.9360407
www.comune.verolavecchia.bs.it

Comune di Ponteviso
Piazzetta del Comune, 5
Tel: 030.993111
www.comune.ponteviso.bs.it

MUSEUMS, MONUMENTS AND NATURAL AREAS along the way:

Capriano del Colle
Parco Agricolo Regionale del Monte Netto
Palazzo Bocca, Via Mazzini, 8
Tel: 030.9748788
www.parcomontenetto.it

Manerbio
Civico Museo Archeologico
Piazza Cesare Battisti, 2
Tel: 030.9387290
www.comune.manerbio.bs.it/cultura

Ponteviso
Parco Locale di Interesse Sovracomunale Fiume Strone
Centro visitatori Vincellate
Tel: 339.7359295

BICYCLES SALE AND REPAIR:

Per i negozi di Brescia consultare lo sportello
Più Bici a Brescia
Tel: 030 2977302
Gio 15.30-18.30; Sa 9.30-12.30
www.amicidellabici Brescia.it

Bagnolo Mella
Fratelli Avanzi
Via Solferino, 18
Tel: 030.620452

Manerbio
Only Bike
Via Piave, 41/b
Tel: 030.9937645
Framan
Via Marzotto, 1
Tel: 030.9380303

EMERGENCY NUMBER:
118

The Cardo Cycle Route • Historic and artistic tips



Verolanuova

In **Flero**, the parish church has paintings by Grazio Cossali, Mombelli and Lucchese. The sixteenth century Palazzo Calzavaglia, Villa Ferrari in Onzato and Palazzo Feroldi in Cortegnaga are all worth visiting.

The old part of **Poncarale** is situated in the highest part of the village, where in medieval times there was a castle. In Borgo Poncarale, the seventeenth century Palazzo Moro and Palazzo Ranchetti are both worthy of note. The latter was the home of the famous Brescian agronomist Agostino Gallo in the sixteenth century.



Furmigola Parish



Manerbio

The parish church, founded in the seventeenth century on the site of an ancient Lombard chapel, holds Grazio Cossali's Last Supper. In **Corticelle Pieve**, a suburb of Dello, the seventeenth century parish church is well worth visiting: inside are remnants of fifteenth century frescoes and of paintings by Pietro Scavini and Lucchese. In the village of **Offlaga** is the seventeenth century Palazzo Barbisoni and the parish church of the same period, with paintings by Sante Cattaneo and Grazio Cos-

Capriano del Colle is the location where the Capriano del Colle DOC wine is produced. The main square is graced by Palazzo Bocca, and features a number of buildings from the fifteenth to eighteenth centuries.

sali, as well as statues by Antonio Calegari. In the suburb of Faverzano, the sixteenth century Villa Agliardi is particularly worthy of note. The seventeenth century Palazzo Luzzago in **Manerbio** is home to the Civic and Archeological Museum, an important collection of finds from the plain of Brescia detailing its history from the Mesolithic era to the late middle ages. Inside the eighteenth century parish church, you must make sure to see the painting of the Virgin with Child, Saint John and the Saints by Morello. The village of **Cadignano**, in the Verolanuova area, is dominated by the tower



Cadignano



Hammer in Ponteviso

of Palazzo Maggi, a court-style set of buildings dating from the fifteenth century with an eighteenth century oratory. The main residence contains frescoes by Lattanzio Gambara and Giulio Campi. In the rural centre of **Verolavecchia**, the eighteenth century parish church is worthy of note for its paintings by Sante Cattaneo, as is the small charming church of San Vito

and San Modesto (a prayer site since 1509). Scorzarolo, a set of cloisters and a church dedicated to San Giacomo (Saint James) are all that remains of a monastery founded by the Dominican order in the fifteenth century and destroyed by Napoleon. The town of **Verolanuova** was historically the feudal possession of the Gambara dynasty, and contains important monuments linked to this powerful family line, such as the ancient Merlino Castle from the twelfth century, which was the family's first residence. In the sixteenth century, the Gambara family erected a prestigious palace now



G.B. Tiepolo's detail

the Town Hall. The Cathedral of San Lorenzo Martire is nearby, with two impressive paintings by Tiepolo from 1740. The main monuments in the village of Ponteviso are the parish church, with its paintings by Cossali, Antonio Paglia and Gandino, and the neo-gothic castle built inside an eleventh century fortress, which was significantly rebuilt during the eighteenth and nineteenth centuries. Near the old part of town are an old water mill and the “Palazzina”, a charming Renaissance farmhouse.



Spring at Castel Mella



Icehouse at Scorzarolo

The Cardo Cycle Route From Brescia to Offlaga

The cycle ride starts at the Villaggio Sereno, a residential area south of Brescia. Take the cycle path on the side of the road heading to Flero which leads to the entrance to the village. Here, take a lane marked by a yellow line up to the end of the housing estate, where a cycle path starts on its own proper lane. Follow this until



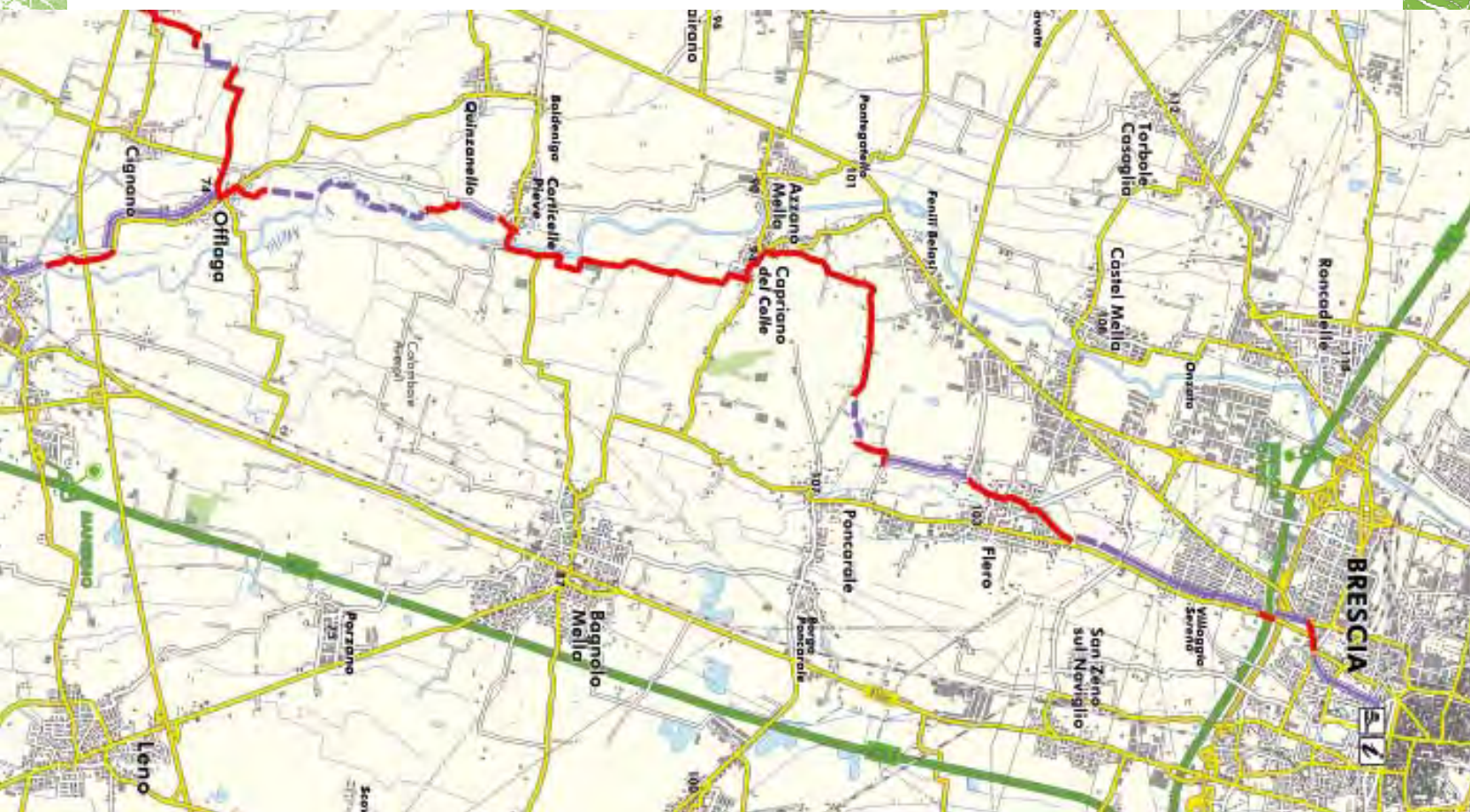
Countryside near Brescia

you find a detour across the fields to the right, which soon starts to climb slightly up to the plains of Monte Netto, where the Capriano del Colle DOC wine is produced. At the end of the climb, a steep descent takes you to Piazza Mazzini, in the old heart of Capriano del Colle. From Piazza Mazzini, take the road to the left for a few hundred metres until you reach the detour on the right for Corticelle. A long paved road runs through the fields until it reaches the river Mella, where you can either continue along the same paved road or follow the course of the river. Either



Monticelli d'Oglio

way, the two trails meet up again just before a stop sign a few hundred metres from the centre of Corticelle Pieve, a suburb of Dello. Past the church, continue until you reach a small cemetery and turn left on to the fields. The path turns into an unpaved track near the Cacagna farmhouse, and soon takes you to a wood beside the river Mella. After you have crossed a small bridge and travelled along a straight road, you will reach the first houses in Offlaga.



The Cardo Cycle Route From Offlaga to Pontevico and Monticelli d'Oglio

Pass the church and the Town Hall of Offlaga, turn right near the Monument to the Dead, and follow the main road until you reach a turn to the right. Here, continue straight on along the paved road which leads to the Offlaga mill after some farm buildings. A flattened path carved out between two canals leads to another small bridge, where you turn right until you cross a small paved road. Turn left up to Faverzano, a suburb of Offlaga, and after cycling through it go down the underpass which allows you to cross the road safely. Turn right at the roundabout and continue along a long straight road, then turn left and almost



Mill at Cignano

immediately right on to an unpaved path. At the end, continue right until you reach another bridge near an irrigation canal, where the road becomes paved again. Take this until you reach the interesting village of Cadignano and the bridge over the river Strone. After the traffic lights in Cadignano, the ride continues under the archway of a Renaissance building and then, past the school buildings, turns left up to a stop sign. Here, turn right on to a quiet road, cross another irrigation canal, and then take the unpaved road along the course of the river Strone until you reach the architectural site of Scorzarolo, a suburb

of Verolavecchia. The first part of this route ends in Verolanuova, in Piazza Della Libertà. From Verolanuova you can take either of two routes: the first goes to Pontevico, crossing through the park of the river Strone, while the second goes to Monticelli d'Oglio.

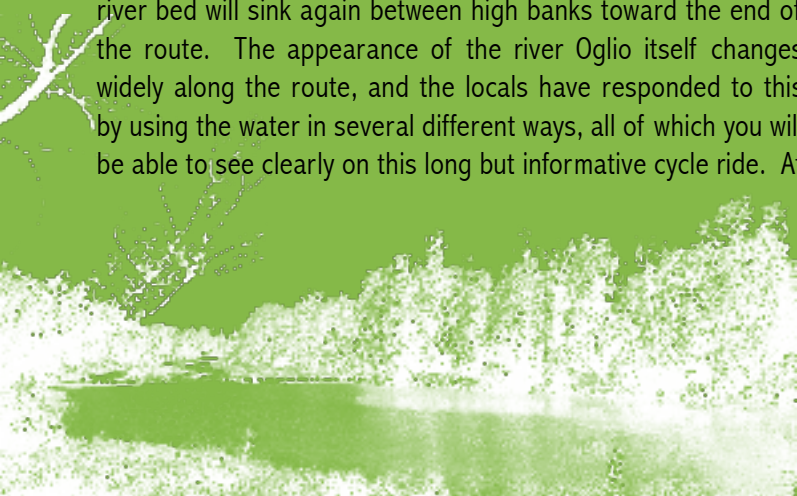


Countryside near Capriano del Colle



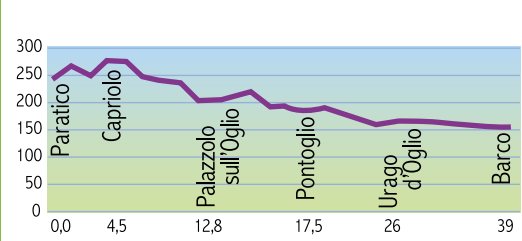
5 The Oglio Cycle Route Part 1 From Paratico to Orzinuovi

Cyclists, nature lovers, and fans of outdoor excursions alike will all enjoy the Oglio Cycle Route, a trail that from Paratico will take you to Seniga, in the low Brescia plain, following the entire course of the Oglio river. The landscape will change significantly along the route, from the deep slump of the first section (from the exit of Lake Iseo to Palazzolo) to the slow spread of waters across the much softer plain around Orzinuovi, after which the river bed will sink again between high banks toward the end of the route. The appearance of the river Oglio itself changes widely along the route, and the locals have responded to this by using the water in several different ways, all of which you will be able to see clearly on this long but informative cycle ride. At



the start of the ride, you will find interesting industrial relics, originally created in order to exploit the water's power, whereas the second part of the ride features great irrigation systems laid out at regular intervals all the way to the edge of the province. This area is intensely farmed today, but was once wild and marshy.

Starting Point:	Paratico
Destination:	Orzinuovi
Level of difficulty:	light
Bike type:	MTB and Citybike
Length:	39 km



The Oglio Cycle Route Part 1 • Useful information

INFORMATION:

Provincia di Brescia
Assessorato Cultura e Turismo
- Ufficio Iat di Brescia
Piazza del Foro, 6 Brescia - Tel: 030.3749916
iat.brescia@provincia.brescia.it
- Ufficio Iat Lago di Iseo e Franciacorta
Lungolago Marconi, 2 c-d Iseo
Tel: 030.3748733
iat.iseo@provincia.brescia.it

Strada del Vino Franciacorta
Via G. Verdi, 52 - Erbusco
Tel: 030.7760870
www.stradadelfranciacorta.it

Accommodation
www.provincia.brescia.it/turismo

TOWNHALL along the way:

Comune di Paratico
Via XXIV Maggio - Tel: 035.924311
www.comune.paratico.bs.it

Comune di Capriolo
Via Vittorio Emanuele, 43
Tel: 030.7464200
www.capriolo.org

Comune di Palazzolo sull'Oglio
Via XX Settembre, 32
Tel: 030.7405511
www.comune.palazzolosulloglio.bs.it

Comune di Pontoglio
Piazza XXVI Aprile, 16
Tel: 030.7479200
www.comune.pontoglio.bs.it

Comune di Urago d'Oglio
Piazza Guglielmo Marconi, 26
Tel: 030.717114
www.comune.uragodoglio.bs.it

Comune di Rudiano
Piazza Martiri Libertà, 21
Tel: 030.7060711
www.comunerudiano.it

Comune di Roccafranca
Piazza Europa, 9 – Tel: 030.7092011
www.comune.roccafranca.bs.it

Comune di Orzinuovi
Piazza Garibaldi - Tel: 030.9942100
www.comune.orzinuovi.bs.it

MUSEUMS, MONUMENTS AND NATURAL AREAS along the way:

Capriolo
Museo Agricolo e del Vino Ricci Curbastro
Villa Evelina, Via Adro, 37
Tel: 030.736094
www.riccicurbastro.it/museo.html

Orzinuovi
Parco Regionale Oglio Nord
Piazza Garibaldi, 15
Tel: 030.9942033
www.parcooglionord.it

BICYCLES SALE AND REPAIR:

Palazzolo S/O
Benedetti Vittorio
Via Brescia, 72
Tel: 030.7400357

Urago d'Oglio
Desiderio Bici
Via Fermi, 67
Tel: 030.7071025

Orzinuovi
Guerandi Carlo
Via Galilei Galileo, 3
Tel: 030.941647
Il Ciclista
Via Francesca, 3
Tel: 030.942924
Sachesghinghem
Via XXIV Maggio, 8
Tel: 030.9941027

EMERGENCY NUMBER:
118

The Oglio Cycle Route Part 1 • Historic and artistic tips



Washtub near Palazzolo

From the square of the nineteenth century parish church in **Paratico**, you can enjoy a wonderful view of all of the southern part of the Lake Iseo. The remains of the Lantieri castle and the simple fifteenth century design of the small church of San Pietro are also worthy of note. The old village of **Capriolo** is guarded by the ruins of its own castle, which was built around the year 1000. Its seventeenth century parish church features a “Resurrection” by Romanino and the “Martyr of the Saints Gervasio

and Protasio” by Callisto Piazza. The “Ricci Curbastro” Agricultural and Wine Museum occupies some rooms within Villa Evelina, and features a rich collection of traditional tools and implements. Jutting out from the houses of **Palazzolo sull'Oglio**, the San Fedele Bell Tower is noticeable for its height, and was erected in 1813 on the foundations of one of the old turrets of the old Rocha Magna, of which only sections of the original walls now remain. The parish church of Santa Maria Assunta is graced by frescoes by Pietro Scalvini, and holds a polyptych by Vincenzo Civerchio, as well as prestigious works by Grazio Cossali. In front of the church, the Town Hall (which dates back to the thirteenth



Rudiano Parish Church



Palazzolo Castle

century) is now home to a bank, and its façade features two mullioned windows with late medieval capitals. Nearby, the old parish church is decorated with paintings attributed to the Campi school and dating back to 1599. The older village of **Pontoglio** gathers around the foundations of the parish church of Santa Maria Assunta, which was built in the eighteenth century on a design by Domenico Corbellini, and holds two paintings by Pietro Ricci and a Serassi organ. The old part of **Urago d'Oglio**



River Oglio Nature Park

is remarkable for its porticoes and its loggias of Renaissance design, and is laid out around the remains of the fourteenth century castle of the Martinengo counts. The parish church here was built in the fifteenth century and is also worthy of note, thanks to its frescoes by Vittorio Trainini. The seventeenth century parish church of the Nativita' di Maria in **Rudiano** is also worth visiting, and features within its walls a prestigious painting by Sante Cattaneo. Noteworthy is also the small church of San Martino Di Tours, an ancient place of worship graced by

paintings by Pietro Scalvini. The castle of **Orzinuovi** was a Brescia stronghold along the course of the Oglio, and was erected in 1193 as a counter-point to the fortified settlement of Soncino. From 1530, the “Serenissima” (namely, the city of Brescia) entrusted the famous architect Michele Sanmicheli with the task of transforming Orzinuovi (then a simple country village) into a true military stronghold, laid out on a star-shaped design and entirely protected by high walls and a deep moat. The monumental portal of Sant'Andrea, with its façade



Barco Castle near Orzinuovi



Martinengo Castle in Urago Mella

in grey-blue Sarnico stone, and opposite it the portal of San Giorgio, with its embossed façade in Botticino marble, both remain as mementoes of this period. Piazza Garibaldi is home to the old Town Hall, with two beautiful Renaissance portals adorning its facade, and to the parish church of Santa Maria Assunta, where one can admire a “Coronation of the Virgin” by Bagnadore. In the nearby suburb of **Barco**, sections of the external walls and a turret remain as a memento of the castle originally built in 1463 by Giovanni Francesco Martinengo.

The Oglio Cycle Route Part 1 From Paratico to Urago d'Oglio

The route starts in Paratico, near the bridge that links this Brescia suburb to the village of Sarnico, which is situated on the Bergamo shore of the lake. A short but demanding climb takes you to the square in front of the parish church of Santa Maria Assunta. Keeping the church to your right, flank the edge of the cemetery and, at the end of a short climb, descend again



The cycle route near Capriolo

towards a small valley until you reach the Niggeler & Kupfer factory. Here you will find a second tiring but short climb, which will lead you to the residential area of Capriolo. At its end, after the Carabinieri station, take the road heading towards the fields, and follow the cycle path, which will climb gently but almost constantly. After crossing the motorway underpass, go through a level crossing, and you will soon reach a disused concrete factory, which is now a site of archaeological interest. Once past it, you will reach the outskirts of Palazzolo sull'Oglio. Past the main town square, the route continues along a dedicated path past the last few residential homes, taking a right



The cycle route near palazzolo

turn under the ring road. The ride now continues along the side of the river and of some irrigation canals, and comfortably leads you to the centre of Pontoglio. Once you reach the bridge, follow the road that coasts the river and leads to the sports centre, and then take the first road on the right which is located just above a wide bend in the Oglio. Continue until you almost reach the electricity power station, and then go to the left along a short causeway up to the railway underpass. From here, a long straight road will lead you to the first few houses in Urago d'Oglio, where you must turn right toward the underpass.



The Oglio Cycle Route Part 1 From Urago d'Oglio to Barco di Orzinuovi

In the village of Urago d'Oglio, go to Piazza Marconi and admire the Martinengo Castle, and then take Via Dosso heading towards the countryside. In this short section the route comes closer to the river, before parting from it again in order to head toward the hill on which Rudiano has developed. After a short climb, turn right up to Via

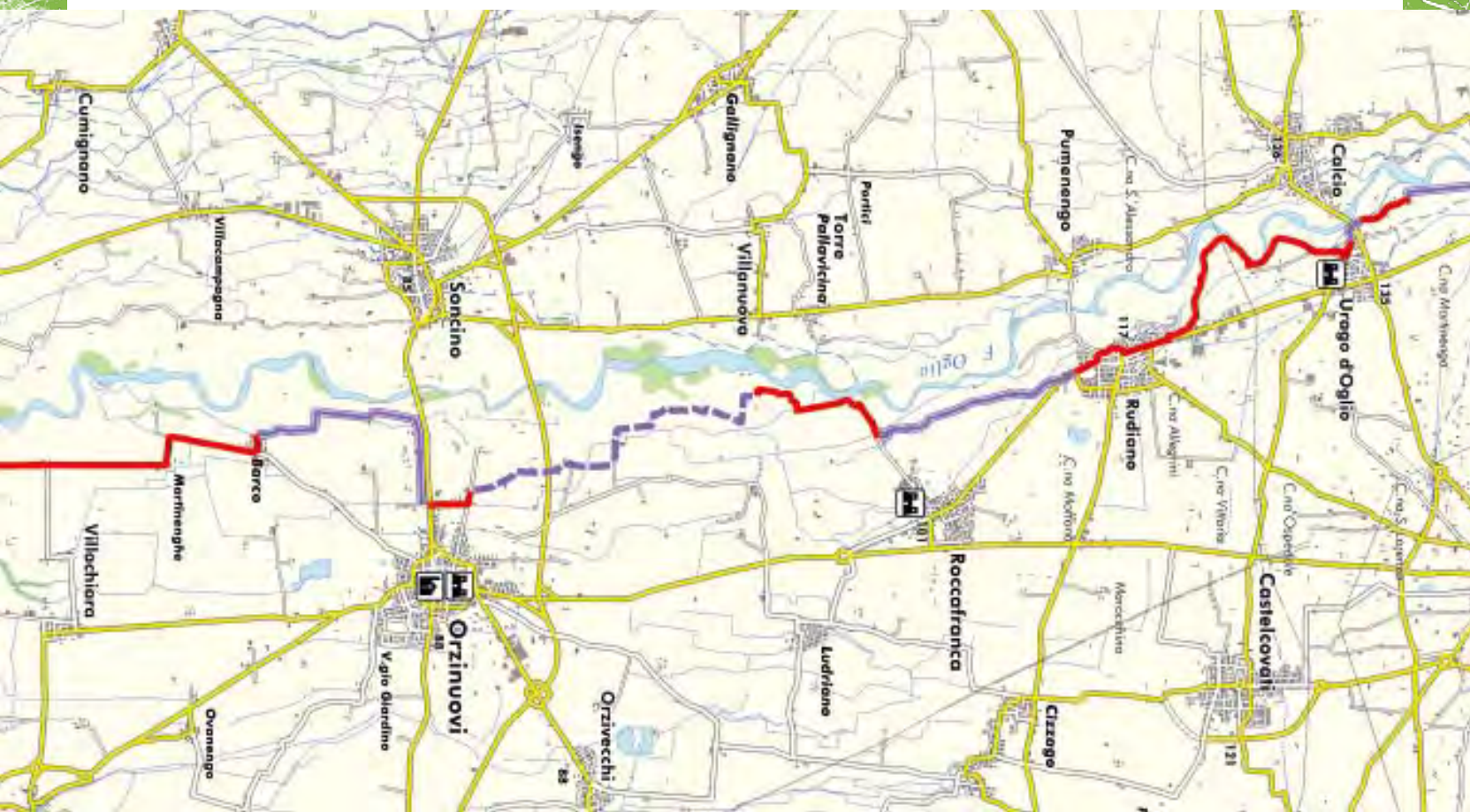


The cycle route near Rudiano

Rocca, and take this street keeping to the outside of the local buildings until you reach, and cross, a residential area. At its end, right next to the cemetery, take one of the several paths that will lead you to the Provinciale, near the Sanctuary of the Madonna dell'Oglio. Cross the main road and take the cycle path at the back of the Sanctuary alongside the Provinciale, which goes left amongst the fields and comes out right under the Martinengo da Barco castle. A short climb will then take you back to the flat plain, at a spot located between the castle and the parish church. The first section of the Oglio Cycle Route terminates here.



The cycle route near Roccafranca



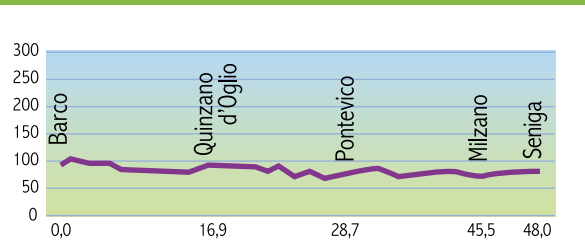
6 The Oglio Cycle Route Part 2 From Orzinuovi to Seniga



Cyclists, nature lovers, and fans of outdoor excursions alike will all enjoy the Oglio Cycle Route, a trail that from Paratico will take you to Seniga, in the low Brescia plain, following the entire course of the Oglio river. The landscape will change significantly along the route, from the deep slump of the first section (from the exit of Lake Iseo to Palazzolo) to the slow spread of waters across the much softer plain around Orzinuovi, after which the river bed will sink again between high banks toward the end of the route. The appearance of the river Oglio itself changes widely along the route, and the locals have responded to this by using the water in several different ways, all of which you will be able to see clearly on this long but informative cycle ride. At the start of the ride, you will find

interesting industrial relics, originally created in order to exploit the water's power, whereas the second part of the ride features great irrigation systems laid out at regular intervals all the way to the edge of the province. This area is intensely farmed today, but was once wild and marshy.

Starting Point:	Orzinuovi
Destination:	Seniga
Level of difficulty:	light
Bike type:	MTB and Citybike
Length:	48 km



The Oglio Cycle Route Part 2 • Useful information

INFORMATION:

Provincia di Brescia
Assessorato Cultura e Turismo
- Ufficio Iat di Brescia
Piazza del Foro, 6 Brescia - Tel: 030.3749916
iat.brescia@provincia.brescia.it

Linea ferroviaria
Brescia-Cremona
www.trenitalia.com

Accommodation
www.provincia.brescia.it/turismo

TOWNHALL along the way:

Comune di Orzinuovi
Piazza Garibaldi - Tel: 030.9942100
www.comune.orzinuovi.bs.it

Comune di Villachiera
Via Matteotti, 4 – Tel: 030.9947112
www.comune.villachiera.bs.it

Comune di Borgo San Giacomo
Piazza San Giacomo, 1
Tel: 030.948140
www.comune.borgosangiaco.com.bs.it

Comune di Quinzano d'Oglio
Viale Gandini, 48 - Tel: 030.9924035
www.comune.quinzanodoglio.bs.it

Comune di Verolavecchia
Piazza Verdi - Tel: 030.9360407
www.comune.verolavecchia.bs.it

Comune di Pontevico
Piazzetta del Comune, 5
Tel: 030.993111
www.comune.pontevico.bs.it

Comune di Alfianello
Piazza Ludovico Pavoni, 7
Tel: 030.9305661
www.comune.alfianello.bs.it

Comune di San Gervasio
Piazza Donatori di Sangue, 1
Tel: 030.9934912
www.comune.sangervasiobresciano.bs.it

Comune di Milzano
Piazza Roma, 1 - Tel: 030.954654
www.comune.milzano.bs.it

Comune di Seniga
Via San Rocco, 7
Tel: 030.9955027 - 030.9955423
www.comune.seniga.bs.it

MUSEUMS, MONUMENTS AND NATURAL AREAS along the way:

Orzinuovi
Parco Regionale Oglio Nord
Piazza Garibaldi, 15 - Tel: 030.9942033
www.parcocoglionord.it

Villachiera
Palazzo Martinengo
Frazione Villagana - Tel: 030.9947309
www.museomartinengovillagana.it

Pontevico
Parco Locale di Interesse Sovracomunale Fiume Strone
Centro visitatori Vincellate
Tel: 339.7359295

BICYCLES SALE AND REPAIR:

Orzinuovi
Guerandi Carlo
Via Galilei Galileo, 3
Tel: 030.941647
Il Ciclista
Via Francesca, 3
Tel: 030.942924
Sachesghinghem
Via XXIV Maggio, 8
Tel: 030.9941027

Pontevico
Masini G. Franco
Via XX Settembre, 39
Tel: 030.9307989

EMERGENCY NUMBER:
118

The Oglio Cycle Route Part 2 • Historic and artistic tips



Monticelli d'Oglio

In **Bompensiero** di Villachiera, the fifteenth century hunting palace of the Martinengo family features within its rooms several frescoes by the Campi brothers. The Martinengo family also owns the Villegana castle in the **Villachiera** area, which at the beginning of the twentieth century was converted into a residential villa. The beautiful parish church of **Quinzano d'Oglio** dates back to the fifteenth century and is well worth a visit, ha-

ving been restored in the seventeenth century on a baroque design. The church of Santa Maria Assunta, which is now the cemetery church, dates back to the tenth century and has interesting fifteenth and sixteenth century frescoes. **Monticelli d'Oglio** is a suburb of Verolavecchia laid out around the rural courtyard of the Girona Palace, a seventeenth century residence comprising several buildings around a very large square. This peculiar site includes a church, a prestigious



Acqualunga

family villa, and various farm dwellings and warehouses. **Pontevico** has a parish church with works by Cossali, Antonio Paglia and Gandino, and a neo-gothic castle built within the perimeter of an earlier eleventh century stronghold and significantly re-designed during the seventeenth and eighteenth centuries. Near the old part of town is an old water mill and the Palazzina farmhouse, a charming rural building from the Renaissance. The main square of **Alfianello** contains



Pontevico Castle



Santa Maria di Comella

a bell-tower, which is the last remnant of its old castle, and a seventeenth century parish church with paintings by Antonio Gandino. Also within the city walls is the Gavatino Sanctuary, built at the end of the sixteenth century by Alessandro Luzzago. In **San Gervasio Bresciano**, the parish church of Santi Gervasio and Protasio is worthy of note: it was built in the first half of the seventeenth century and features frescoes by Vittorio Trainini and a prestigious Serassi organ. In

Milzano, the parish church of San Biagio dates from the seventeenth century (despite its neo-classic façade) and holds a “Last Supper” by Paolo Di Caylina The Young and a “Virgin with Saints” by Andrea Celesti. The Gambara Palace in the village of **Pralboino** was commissioned in the sixteenth century on the remains of a fourteenth century castle, and was historically the feudal possession of the noble Gambara family. The current layout reflects its restoration in the late eighteenth century by the architect Gaspare



Lusignolo Nature Park

Turbini. The local parish church was designed by Antonio Marchetti in the nineteenth century, and features two masterpieces by Moretto: the “Virgin with Child and Saints and Cardi-



Pralboino Castle

nal Umberto Gambara”, and the “Virgin on the Throne with Child and Saint Rocco”. In the open countryside of **Seniga** is a beautiful farmhouse called Ca’ del Secco, with an imposing seventeenth century portal. The church of Comella is an atmospheric place of worship built between the twelfth and thirteenth centuries on the same design as the abbey of Leno.

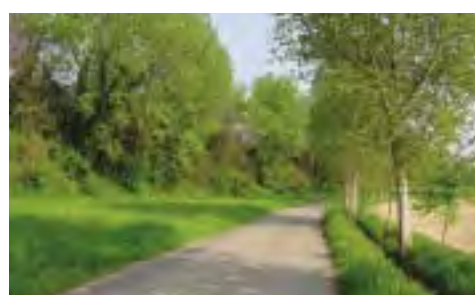
The Oglio Cycle Route Part 2 From Barco di Orzinuovi to Monticelli d'Oglio

From Barco castle in the Orzinuovi area, turn right and follow a paved road open to motor vehicles but usually with very light traffic. Continue along this road and, after coasting along the Martinengo farm buildings (the Cascine Martinenghe), you will reach the village of Bompensiero Di Villachiera, which you can enter through an ancient gateway. After a short descent, enter



The cycle route near Orzinuovi

the Oglio North park (Parco dell'Oglio Nord) and follow an unpaved track leading to the old Martinengo-owned settlement of Villagana. At the end of a long avenue, turn right and then left following the road that leads to Acqualunga. Here the route continues along the bottom of the Oglio valley, allowing you to admire some interesting farm buildings to your left which were constructed upon lightly raised foundations in the old days in order to protect them from the risk of floods. The path then climbs again until it reaches a brick portal enabling you to enter a causeway reserved for pedestrians and cyclists. After a roundabout, the cycle route crosses the town of Quinzano d'Oglio and passes its industrial area. After a short descent, the route continues across various fields past some farm buildings. After a few alternate



The cycle route near Pontevico

uphill and downhill sections, you will find the old castle of Monticello d'Oglio in its elevated position. At the stop sign, turn right and go uphill until you reach the main square of this small village, which you soon leave behind as you follow a downhill road. Continue until the Oglio riverbank, reaching the spot where a ferry once linked this area with the province of Cremona.



The Oglio Cycle Route Part 2 From Monticelli d'Oglio to Seniga

From the centre of Monticelli D'Oglio, you can reach the little town of Pontevico by following the SP64 road, and then continue along Via Marconi until you enter Piazza Mazzini. Past the parish church, turn right on to a downhill road and then turn left at the stop sign. Leave the old part of town, and after approximately one kilometre take the cycle path to the right. The route continues straight on, crossing through the road that leads to the Palazzo farmhouse.



The cycle route between Pontevico and Alfianello

From here, you will reach the suburb of Chiesuola in a few turns. Once you have reached a stop sign, continue straight on up to the motorway underpass until you reach the suburb of Dossi. At the stop sign, turn right and continue along a small winding country road. After just over a kilometre you will reach another stop sign, where you should turn left and then right, passing by an old mill. After you have exited the village of Alfianello, turn left at the stop sign for approximately 100 meters, and then turn right along the irrigation canal. After approximately another 100 meters, the trail enters some fields again. The paved road terminates shortly after the outbuilding of the Grotti barn. From here, an easy unpaved



The Barca bridge

track starts which, in less than a kilometer, will lead you to the suburb of Casacce, where you can enter the Lusignolo park until you reach a sports centre. Here, the route picks up again along the long wooden fence along the edge of a small valley. At the end, take the road to the left which leads to Milzano and follow the road that crosses the village. From the stop sign on the SP7 road, the cycle path

continues parallel to the Mella river up to the Ca' del Secco farmhouse. Here, the road becomes a dirt track again and in a few hundred metres leads to the Comella church. From here you can reach the Barca bridge, which crosses over the Mella providing a link to the cycle networks of the Cremona and Mantua provinces.



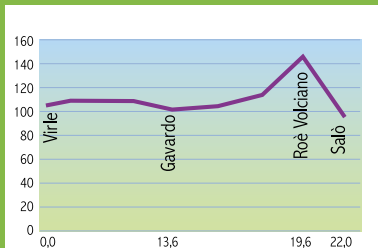
7 The Naviglio Cycle Route

From Mazzano to Roè Volciano towards Salò

The Naviglio (Canal) Bresciano Cycle Route is built on the bed of the old Rezzato-Vestone railway line. It is easy and pleasant to ride and mostly by the canal. The canal was probably built by the Romans, but it was in 1228 that it got to its definite shape thanks to Bishop Berardo Maggi and to the work of the Benedictine monks. The hydraulic work collects the river Chiese waters near Gavardo. The canal flows through most of the Brescia region to irrigate cereals, flax, fodder and fruit trees in the lower Valle Sabbia and in the countryside near Brescia. Along the cycle route are some mills. The most important one is in Gavardo; it is an imposing building where you can see an original wheel of the fourteenth century.



Starting Point:	Mazzano
Destination:	Salò
Level of difficulty:	light
Bike type:	MTB and Citybike
Length:	22 km



INFORMATION:

Provincia di Brescia
Assessorato Cultura e Turismo
- Ufficio Iat di Brescia
 Piazza del Foro, 6 Brescia - Tel: 030.3749916
 iat.brescia@provincia.brescia.it
- Ufficio Iat di Salò
 Piazza Sant'Antonio, 4 Salò - Tel: 030.3748745
 iat.salo@provincia.brescia.it

Strada dei Vini e dei Saperi del Garda
 Via Porto Vecchio, 34 - Desenzano del Garda
 Tel: 030.9990402
 www.stradadeivini.it

Navigazione Lago di Garda
 Piazza Matteotti - Desenzano del Garda
 Tel: 030.9149511
 www.navighi.it

Accommodation

www.provincia.brescia.it/turismo

MUSEUMS, MONUMENTS AND NATURAL AREAS along the way:

Gavardo
Museo Civico Archeologico della Valle Sabbia
 Piazzetta San Bernardino, 2
 Tel.: 0365.371474
 www.gavardo.museivallesabbia.net

BICYCLES SALE AND REPAIR:

Mazzano
Ottorino Benuzzi
 Viale Brescia - Fraz. Molinetto - Tel: 030.2620189

Nuvolento
Bodei Angiolino
 Via Vittorio Emanuele II, 36 - Tel: 030.6919508

Gavardo
Rizzi Mario
 Piazza De Medici, 24 - Tel: 0365.34536

Roè Volciano
Manuel Bike
 Via Bellini, 21 - Tel: 0365.597304

EMERGENCY NUMBER:
 118

The Naviglio Cycle Route • Historic and artistic tips



Valle Sabbia Archaeological Museum at Gavardo

At **Mazzano** you will find the beautiful parish church of San Rocco, dating from the fifteenth century but rebuilt in the sixteenth century. Inside, there is a Moretto masterpiece depicting the Virgin and Child with Saint Rocco and Saint Sebastian, and statues by the Calegari. A **Nuvolento** stands the beautiful church of Santa Stefania, founded in the twelfth century and rebuilt in the fifteenth century. Of the original Romanesque structure, only the apse and the beautiful

bell-tower remain. Inside there are votive frescoes from the fifteenth and sixteenth centuries. Interesting mansions adorn the village of Nuvolera, where its eighteenth century parish church holds a fine altarpiece by Francesco Giugno. Worth noting in **Prevalle** are the two beautiful parish churches of Upper Prevalle, from the seventeenth century and featuring paintings by Antonio Campi and Sante Cattaneo, and Lower Prevalle, rebuilt in the seventeenth century on a design by Rodolfo Vantini and adorned with paintings by Palma the Younger, Luca Mombello and Gandino. Of interest in the old



San Rocco in Gavardo

part of **Gavardo** is the fifteenth century Bishop's House (Casa Del Vescovo) which houses the Museum of Archaeology of the Valle Sabbia, with important finds from the Bronze



Villanuova sul Clisi

Age. Leaving the village, we recommend a stop at the fifteenth century Church of San Rocco, with its fine frescoes and wooden crucifix. The old part of **Roè Volciano**, with its elegant mansions, is dominated by the sixteenth century parish church, built on a pre-existing Romanesque basilica. Inside are two masterpieces by Zenon Veronese.

7 The Valtenesi Cycle Routes

Between Salò, Lonato and Desenzano

This cycle route travels along the western shore of the lake from the town of Limone to Barcuzy Lonato, departing from the lake near the Abbey of Maguzzano. The stretch called "From Valtenesi to Villa di Salò to Barcuzy" (the first part of the route as described below) is fully open and usable, while the sections from Toscolano Maderno to Campione di Tremosine and Limone are still being designed and/or completed.

A second part of the route (from Villa di Salò to the Abbey in Maguzzano) is open for travel, but as yet has no road signs or directions on it.

Starting Point:	Villa di Salò
Destination:	Maguzzano
Level of difficulty:	moderate
Bike type:	MTB and Citybike
Length:	18 km



Useful information

INFORMATION:

Provincia di Brescia
Assessorato Cultura e Turismo
- Ufficio Iat di Brescia
 Piazza del Foro, 6 Brescia - Tel: 030.3749916
 iat.brescia@provincia.brescia.it

- Ufficio Iat Salò
 Piazza Sant'Antonio, 4 Salò - Tel: 030.3748745
 iat.salo@provincia.brescia.it

- Ufficio Iat Desenzano del Garda
 Via Porto Vecchio 34 - Tel 030.3748726
 iat.desenzano@provincia.brescia.it

Strada dei Vini e dei Saperi del Garda
 Via Porto Vecchio, 34 - Desenzano del Garda
 Tel: 030.9990402
 www.stradadeivini.it

Navigazione Lago di Garda
 Piazza Matteotti - Desenzano del Garda
 Tel: 030.9149511
 www.navighi.it

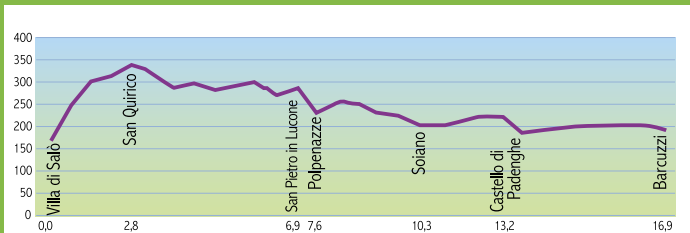
Accommodation

www.provincia.brescia.it/turismo

BICYCLES SALE AND REPAIR:

Moniga
Evento Bici
 Via Pergola, 46
 Tel: 0365.502560

EMERGENCY NUMBER:
 118



The Valtenesi Cycle Routes • Historic and artistic tips

The old centre of the town of **Salò**, with its Art Nouveau buildings and ancient houses, is dominated by the magnificent late Gothic Cathedral (dating back to 1453), which features two masterpieces by Romanino. The Palazzo della Magnifica Patria, now used as the Town Hall, is well worth seeing for its fifteenth century gate-house. Near **Puegnago del Garda** is the Natural Reserve of the small lakes of Sovenigo (*La Riserva Naturale Dei Laghetti Di Sovenigo*), a small corner of paradise with rare blooms bursting into flower in sum-



San Pietro in Lucone

mer. The Church of San Pietro in Lucone, which was rebuilt between the fourteenth and fifteenth centuries on the site of a Roman villa, can be found in **Polpenazze sul Garda**. Inside, you will find several

well-known murals from the fourteenth and fifteenth centuries, including a series from the Verona School in the apse. The old part of **Soiano del Lago** is laid out around its castle, which was built in the tenth century on a site where older buildings had previously stood. The local church contains works by Andrea Celesti. The town of **Padenghe sul Garda** is dominated by the imposing castle towers built around the year 1000 on the ruins of a Roman fort. The present layout,

with houses arranged in three parallel rows, dates from the thirteenth and fourteenth centuries. Nearby, the twelfth century Romanesque church of Sant'Emiliano is flanked by medieval rural buildings. In the **Lonato** area, you will find the Benedictine Abbey of Maguzzano, an original monument from the tenth century which was rebuilt in Renaissance style at the end of the fifteenth century, with elegant cloisters and an abbey church featuring the famous "Assumption of the Virgin" by Moretto's School.



Soiano Castle



Small lakes near Puegnago

The Naviglio Cycle Route From Mazzano to Roè Volciano and Salò

From the local church in Virle, you can take the cycle path to the roundabout, then turn right before turning left at the cycle-friendly underpass beside the canal. This is the beginning of the towpath, almost entirely reserved for bicycles, which goes along the canal all the way



The Naviglio

up to the centre of Gavardo. Here, once you have returned on to the old main road, you will get to just before the bridge, where you go left up to the roundabout. Take the road that runs along the river Chiese to the hamlet of Sopraponte, and then turn right along a minor road which

follows an old pathway which is possibly Roman, reaching the woods beside the river bank. At the end, after you have passed the river Chiese and a the car park of a shopping centre, take the track along the side of a canal as far as a crossing that leads

to the path of a disused railway line. Go along the old path, which is now paved over, up to the iron bridge that crosses the road, where you can admire the charming bay of Salò. The path starts to descend down to the training college (scuola professionale) of Roe' Volciano,

which you must pass in order to get onto a downhill gravel path that leads to a side street within the village. Go through another couple of small villages, and you will soon reach the outskirts of Salò.



Along the Naviglio



The Valtenesi Cycle Routes Between Salò, Lonato and Desenzano

The **first part** of the route starts at the village of Villa di Salò, where you should go up Via Palazzina before turning left on Via Navelli. There is a steep climb here lasting about a kilometre up to the summit of the hill. As you reach the top, the ground becomes softer, and you reach the highest point of the ride in San Quirico. There are now some more short uphill climbs as well as several downhill slopes that will take you down almost as far as the lake. At the end of the first downhill slope on via Portassena, go left at the stop sign on to a busy road, and carry on for about six hundred metres before taking the right turn uphill. Follow the road up to the village of Basia, and go to the cemetery of San Polpenazze and the



Padenghe Castle

church of San Pietro in Lucone. From here, go downhill until you reach a row of old houses, where you should turn right onto Via Vedrine. Cross the main road and continue along the cycle path until you reach

the road to Castelletto. At the end of the downhill stretch turn left on to the cycle path, and continue all the way to the first few houses in Soiano. Cross the main road with great care, and continue along the cycle track. As you arrive near a quarry turn left all the way up to a busy road near the castle of Padenghe. Go right until you reach a shrine to the Virgin Mary, where you can join the cycle track again which starts to climb lightly. Once you reach the dirt track, turn left

up to the church of Sant'Emiliano, and from here turn right up to the crossing of the Padenghe ring road. Continue along the cycle path until you enter the village of Poggio del Sole. At the end of this village, go along Via Sant'Anna up to the small church of Sant'Anna. From here, go along a road dotted with many small residential homes until you reach a stop sign situated on the Lombardi Lakes cycle path.

The **second part** of the route starts at Zette of Salò and goes along Via Santa Caterina as far as Raffa di Puegnago, and then on to Manerba and Moniga. Cross the ring road and follow Via Sotto Monte Tapino up to the Town Hall of Padenghe. Continue on the new cycle path along the side of the industrial area until it meets the Lakes cycle route near Maguzzano.

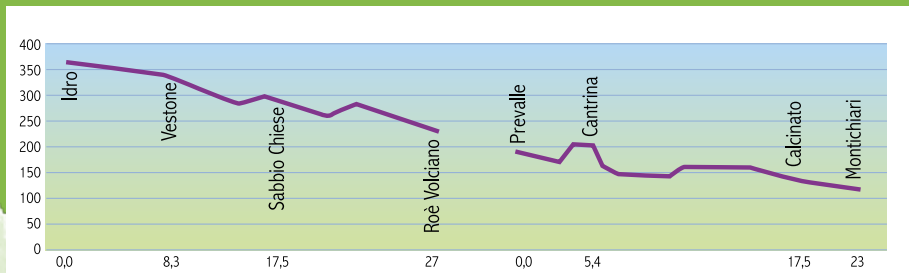


8 The Valle Sabbia and Chiese Cycle Route From Idro to Montichiari

The Valle Sabbia and Chiese Cycle Ride is still in the process of being built: to date the sections open to the public link Vobarno to Roe' Volciano, and Bedizzole to Montichiari. If you pay attention, you can leave Idro and reach the start of the journey in Vobarno by travelling on smaller roads or country trails. Once completed, the route will link the Oglio cycle path, and consequently the entire network of cycle paths in the Padana plain, with the Trento network which at the moment starts at Ponte Caffaro. The landscape you will cross is extremely varied: from the peaks surrounding Lake Idro and the soft waves of the hills around Lake Garda, to the large

rocky planes around Calcinato and Montichiari. Equally varied are the historical and artistic monuments, from the Napoleonic castle of Anfo to the churches of Pontenove or Montichiari; and from the medieval remains of the castles at Nozza and Sabbio Chiese to the neo-gothic romanticism of the Bonoris castle in Montichiari.

Starting Point:	Idro
Destination:	Montichiari
Level of difficulty:	light
Bike type:	MTB and Citybike
Length:	30+23 km



The Valle Sabbia and Chiese Cycle Route • Useful information

INFORMATION:

Provincia di Brescia
Assessorato Cultura e Turismo
- Ufficio Iat di Brescia
Piazza del Foro, 6 Brescia
Tel: 030.3749916
iat.brescia@provincia.brescia.it
- Ufficio Iat di Salò
Piazza Sant'Antonio, 4 Salò
Tel: 030.3748745
iat.salo@provincia.brescia.it

Navigazione Lago d'Idro
Servizio estivo
Numero verde: 840620001
www.trasportibrescia.it

Accommodation
www.provincia.brescia.it/turismo

TOWNHALL along the way:

Comune di Idro
Via San Michele, 81 - Tel: 0365.83136
www.comune.idro.bs.it

Comune di Lavenone
Via Nazionale, 99 - Tel: 0365.83154
www.comune.lavenone.bs.it

Comune di Vestone
Piazza Garibaldi, 12 - Tel: 0365.81241
www.comune.vestone.bs.it

Comune di Barghe
Via Nazionale, 4 - Tel: 0365.84123
www.comune.barghe.bs.it

Comune di Sabbio Chiese
Via Caduti, 1 - Tel: 0365.85119
www.comune.sabbio.bs.it

Comune di Vobarno
Piazza Ferrari, 1 - Tel: 0365.596011
www.comune.vobarno.bs.it

Comune di Calcinato
Piazza Aldo Moro, 1 - Tel: 030.99891
www.comune.calcinato.bs.it

Comune di Montichiari
Piazza Municipio, 1 - Tel: 030.96561
www.comune.montichiari.bs.it

MUSEUMS, MONUMENTS AND NATURAL AREAS along the way:

Montichiari
- Museo Giacomo Bergomi
Centro Fiera del Garda, Via Brescia, 129
Tel: 030.9650455
www.montichiariamusei.it
- Pinacoteca Laura e Antonio Pasinetti
Via Trieste, 56 - Tel: 030.9656323
www.montichiariamusei.it
- Castello Bonoris
Piazza S. Maria - Tel: 030.9650455
www.montichiariamusei.it
- PAST - Museo dell'Archeologia e della Storia
Via S. Maria - Tel: 030.650455
www.archeologiamontichiari.it

BICYCLES SALE AND REPAIR:

Montichiari
Moreni Severino
Piazza Trecani degli Alfieri, 16
Tel: 030.961829
Tecno Bike
Via Mantova, 211
Tel: 030.8220008
Hobby Bike
Via Poli Antonio, 12
Tel: 030.9650839

Vestone
Bacchetti Alberto
Loc. Fornace, 3
Tel: 0365.820129

Roè Volciano
Bianchi Manuel
Via Bellini, 21
Tel: 0365.597304

EMERGENCY NUMBER:
118

The Valle Sabbia and Chiese Cycle Route • Historic and artistic tips



The Castle of **Anfo** juts out from the side of Monte Censo. This is a fortress of Venetian origin dating back to the fifteenth century and later modified during Napoleonic times, with many interesting turrets and covered passageways. In the centre of the village you can find the parish church, dating back to the fifteenth century and containing wooden altars by Pialorsi and a painting by Grazio Cossali. The local authority of Idro are lined up along the shores of Lake Idro, which is the most notable destination in the area. The seventeenth century parish church has no-

teworthy sculptures and wood carvings. The simple church, dedicated to the Virgin Mary, dates back to the eleventh century, although the layout has altered a good deal since then.

Inside, there are remnants of frescoes dating from the thirteenth to the sixteenth centuries. In **Lavenone**, you can see carvings by Pialorsi in the local parish church, which was built in the eighteenth and nineteenth centuries. Only a few sections of brick wall remain of the three ancient fortresses of **Vestone**. In the village, the late sixteenth century parish church is notable



Lavenone

for its beautiful door in black stone from Levrang. Inside are paintings by Palma il Giovane and Francesco Paglia. In **Barghe**, you should visit the parish church of San Giorgio, built in the seventeenth century and still housing

wooden altars by Pialorsi and a painting of San Rocco by Zenon Veronese. The Sanctuary of the Madonna of the Rocks (La Madonna Della Rocca) towers over the village of **Sabbio Chiese**, and was built in 1527 on the foundations of a pre-existing castle. Graced by a beautiful loggia, this building holds frescoes from the sixteenth century. In the village, the Romanesque-Gothic parish church holds a wonderful sixteenth century polyptych. In **Vobarno** the parish church,



Sabbio Chiese Castle



Bedizzole

built in 1761 on a design by Gaspare Turbini, holds frescoes by Giorgio Anselmi and statues attributed to Antonio Calegari. The nearby Town Hall, which was rebuilt in the nineteenth century, holds a painting by Celesti. Near the village, one can find a beautiful stone bridge dating from the end of the sixteenth century. In the centre of **Bedizzole**, the remains of the fifteenth century castle are guarded by its tall tower, which is now the bell-tower. In the local parish church (dating back to the mid-eighteenth century), one can admire a painting by Pittoni and a Renaissance crucifix. Next to the medieval

bridge in the suburb of Pontenove is the ancient Church of Santa Maria Annunziata, with its Romanesque apses and frescoes from the fifteenth and sixteenth centuries. The remnants of an octagonal Baptist chapel dating back to the ninth and tenth centuries are also interesting here. The oldest part of **Calcinato**, once guarded by its castle, is laid out near the bell-tower and its parish church. This impressive eighteenth century building, graced by a neo-classical façade by Rodolfo Vantini, contains frescoes by Paolo Farinati and a painting by Sante Cattaneo. The



Calcinato



San Pancrazio in Montichiari

town of **Montichiari** is dominated by the large dome of the 18th century Basilica di Santa Maria Assunta, which holds the famous painting of the "Last Supper" by Romanino. A fresco by Romanino also graces the very old Church of San Pancrazio, which was rebuilt on a Romanesque design in the twelfth century. Also worth seeing is the neo-gothic building of the Bonoris Castle, erected at the end of the nineteenth century on the same site as the pre-existing fortress on a design by Antonio Tagliaferri.

The Valle Sabbia and Chiese Cycle Route From Idro to Roè Volciano

From the parish church of Idro, carefully take the first turning on to state highway SS237 heading towards Lavenone, then move on to the first minor road that you will find on your left, just before a bridge. Follow it until it joins the highway, and carry on until you pass an industrial area. Before Vestone, you will see on your right Via Capparola Sopra, which you should follow up to the centre of the village. At



Cycle-pedestrian bridge at Idro

the end of Via Fabio Glisenti, return on to the main road until you have crossed the Nozza roundabout. Immediately after the bridge, follow Via Gaivano Giori to the right, which will lead you across open fields, slightly above the main road. At the end of the paved road, take the unpaved path and then the paved road again until you find yourself on to the turning coming off a viaduct. Keep to the right and carefully move on to the route of the old road which leads to the centre of Barghe. Turn right on to the bridge on Via Nazionale, and then left along Via Del Fango until you find yourself on a dirt track that will take you to the centre of Sabbio Chiese. Continue past the bridge on Via Parrocchia and then Via Palina up to the end of the industrial area. Keep straight on along the small road that goes



The cycle route near Sabbio Chiese

down to the river, and follow it to the centre of Clibbio, then go left almost up to the bridge on the Chiese. Just before it, take the small road that runs parallel to the river until you reach the first houses in Vobarno, where you will find the provincial cycle path with directions to Roe' Volciano. From here, if you want to continue along the Chiese route, follow the signs for Brescia up to Prevalle.



The Valle Sabbia and Chiese Cycle Route From Prevalle to Montichiari



The cycle route near Ponte San Marco

Near the old station building of Prevalle, take Via Fucine heading towards Calvagese and follow it until you pass the Chiese river and a canal that springs from it. After a few hundred metres, take the road across the fields to the right until you reach a wine merchant's. Behind it, a small climb on a dirt track will take you to the suburb of Mocasina, where you turn

right along Via San Giorgio Di Sopra. At the stop sign, turn right towards Bedizzole until you find a dirt track to your right leading to the small suburb of Cantrina. Past the small church, go downhill until you reach the Chiese water intake and turn left on to the cycle path that coasts the canal. At the end, turn left and climb until you join the cycle path again along the side of the canal, on to which you turn right up to its very end, where you turn right again and go downhill up to Pontenove. Take the Lakes Cycle Route to the left heading towards Desenzano until you find the signs for Montechiari on your right: follow these and you will shortly find yourself in the middle of the countryside again on the side of the river. At Ponte San Marco, after

cycling past a factory, cross road SP BS 11 by taking Via Sottopassaggio and continuing past the railway until you find the cycle path on your right, which turns left to join the side of the canal again up to Calcinato. Follow the clear signs available, you will pass the small village of Campagnoli Sera first, and will then finally reach Montichiari.



The cycle route near Montichiari



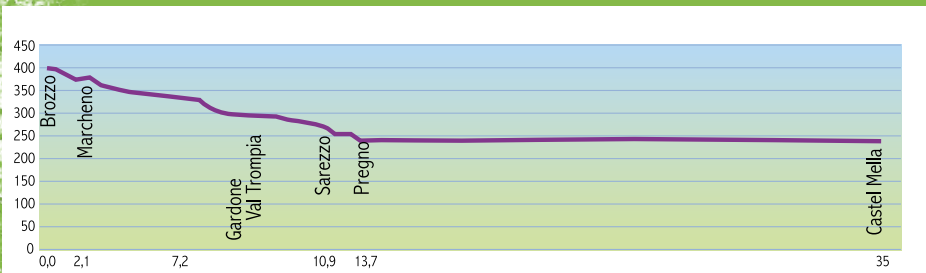
9 The Valle Trompia and Mella Cycle Route From Marcheno to Castel Mella



This route takes us from the Valle Trompia to the vast farmed fields of the low Brescia plain, and unfolds almost entirely along the river banks of the Mella or in its immediate proximity, crossing market areas and large urban developments as well as nicely designed parks and undeveloped landscape. This is a taste of metropolitan culture which may occasionally be a little rough, but also holds several pleasant surprises, and you will find yourself pedalling amongst woodland, waterfalls, and next to large commercial archaeology sites. Some of these sites have been abandoned and are falling apart, while others have been restored and transformed

into museum exhibits. There will be a few unexpected pleasures too, such as crossing the hump-backed bridge at Inzino or discovering the gorgeous Romanesque church in San Giacomo al Mella, which is hidden between the ring-roads and the surrounding apartment buildings.

Starting Point:	Brozzo di Marcheno
Destination:	Castel Mella
Level of difficulty:	light
Bike type:	MTB and Citybike
Length:	35 km



The Valle Trompia and Mella Cycle Route • Useful information

INFORMATION:

Provincia di Brescia
Assessorato Cultura e Turismo
- Ufficio Iat di Brescia
Piazza del Foro, 6 Brescia - Tel: 030.3749916
iat.brescia@provincia.brescia.it

Accommodation
www.provincia.brescia.it/turismo

TOWNHALL along the way:

Comune di Marcheno
Via Zanardelli, 111
Tel: 030.8960033
www.comune.marcheno.bs.it

Comune di Gardone Val Trompia
Via Mazzini, 2 - Tel: 030.8911583
www.comune.gardonevaltrompia.bs.it

Comune di Sarezzo
Piazza Battisti, 4 - Tel: 030.8936211
www.comune.sarezzo.bs.it

Comune di Villa Carcina
Via Marconi, 27 - Tel: 030.8984301
www.comune.villacarcina.bs.it

Comune di Concesio
Piazza Paolo VI, 1
Tel: 030.2184000
www.comune.concesio.brescia.it

Comune di Collebeato
Via San Francesco, 1
Tel: 030.2511120
www.comune.collebeato.bs.it

Comune di Brescia
Piazza della Loggia, 1 - Tel: 030.29771
www.comune.brescia.it

Comune di Castel Mella
Piazza Nuova, 3 - Tel: 030.2550811
www.comune.castelmella.bs.it

MUSEUMS, MONUMENTS AND NATURAL AREAS along the way:

Gardone Val Trompia
Museo delle Armi e della Tradizione
Armiera di Gardone Val Trompia
Villa Mutti Bernardelli, Via XX Settembre, 31
Tel: 030.831574
http://cultura.valletrompia.it/musei

Sarezzo
Museo I Magli
Via Vagobbia, 19 - Tel: 030.8337495
http://cultura.valletrompia.it/musei

Concesio
Collezione Paolo VI - Arte Contemporanea
Via Guglielmo Marconi, 15
Tel: 030.2180817
www.collezionepaolovi.it

BICYCLES SALE AND REPAIR:

Sarezzo
Cicli Tanfoglio
Via Dante Alighieri, 210
Tel: 030.802261
www.ciclitanfoglio.it

Brescia
Mingardi biciclette
Via Crotte, 22 - Tel: 030.320538

Roncadelle
Colpani Vincenzo
Via S. Bernardino, 43
Tel: 030. 2582146

EMERGENCY NUMBER:
118

The Valle Trompia and Mella Cycle Route • Historic and artistic tips



Santa Maria degli Angeli at Gardone Val Trompia

In the village of **Marcheno**, the 18th century parish church holds paintings by Francesco Giugno. Along the old trail of the Via Valeriana one can find the Sanctuary of Santa Maria Annunziata with its centralised design. **Gardone Val Trompia** is the main centre for a number of ancient metal workshops for the shaping of iron and weapons. The parish church of San Marco towers over the centre of town: dating back to the fifteenth century and restored several times, this place of worship holds important paintings from the Brescia school. The church of Santa Maria Degli

Angeli is also worth a visit: built in 1442 together with the convent of the same name, it is decorated with frescoes from the fifteenth and sixteenth centuries, including the portrait of the Virgin attributed to Vincenzo Foppa and the “Ecce Homo” by Paolo Da Caylina the Young. Near the Villa Mutti Bernardelli, one can find the Museum of Weapons and Military Traditions of Gardone Val Trompia. In **Sarezzo**, the seventeenth century parish church is worthy of note, particularly for its beautiful painting by Moretto. In the village of Borgo Valgobbia, one can find the ethnographic museum of the “Magli di Sarezzo”, which has been set up within a sixteenth century forge that was still active during the last century. The suburb of Zanano is also worth a



Villa Beretta



Gardone Val Trompia

visit for its Palazzo Avogadro, dating back to the thirteenth century but modified during the subsequent periods, and for the church of San Martino, which was built in the fifteenth century as the family chapel for the palace itself. The suburb of **Villa Carcina** comprises two separate villages, each with its own parish. The Sanctuary dedicated to the Madonna di San Lorenzo is worth a visit, and was originally created to provide assistance to travellers prior to its re-organisation in the seventeenth century. Villa Glisenti is a private residence dating from the nineteenth century, which was

built next to the iron and steel factory created by the family of the same name. **Concesio** holds the birth-place of Pope Paolo VI, who was born Giovanni Battista Montini. This small palace was built according to a fifteenth century design, and is now marked by a commemorative stone. From 2009, the village is home to the Centre for International Studies of the Paolo VI Institute. In **Collebeato**, the simple design of the sixteenth century Martinengo Palace and the seventeenth century Villa Giovanardi-Rota are particularly worthy of note. The Villa Martinengo-Zoppola and its old stables are also worth visiting, as is the court-shaped settlement at Congrega with its charming sixteenth



Villa Carcina, Villa Glisenti



Murales along the way

century portals. The most interesting religious buildings in the area are the Sanctuary called the Calvarola, which holds two works by the Romanino, and the former monastery of Santo Stefano. The most important monuments in the city of **Brescia** are Piazza della Loggia where stands the Loggia Palace; Piazza Paolo VI with the Rotonda of the old cathedral, a Romanesque building from the tenth century; the seventeenth century cathedral, and the thirteenth century Palazzo Broletto. In the area where the Roman excavations are located you can also find the ruins of the theatre and the Capitol Temple (Tempio Capitolino), next to which is the Santa Giulia Museum, part of the monastery of the same name in Lombardy. The Visconteo Castle towers over the city, and is surrounded by bastions from the Venetian period. Along the route, when you are level with Via Milano, the apse

of the church of San Giacomo al Mella is not to be missed. In the square of Castel Mella, one can find the parish church of Santi Siro e Lucia, dating back to the first half of the eighteenth century. Within it, one can admire a sixteenth century painting by Paolo Di Caylina The Young, two eighteenth century statues in multi-coloured wood by Bernardino Simoni, and precious altars in wood and carved marble. In the suburb of Onzato, the Villa Fenaroli and the medieval Sanctuary of the Madonnina del Boschetto, which was restored and modernised in the eighteenth century, are also worthy of note.



San Giacomo al Mella

The Valle Trompia and Mella Cycle Route From Brozzo di Marcheno to Concesio

From the church in Brozzo, go uphill for a short distance until you find the entrance to the Val Trompia cycle path to your right, and then go along it past the historical town of Porte di Marcheno. Continue downhill until you reach an industrial area, and once past it take an unpaved track on your left which continues along a cycle



The cycle path

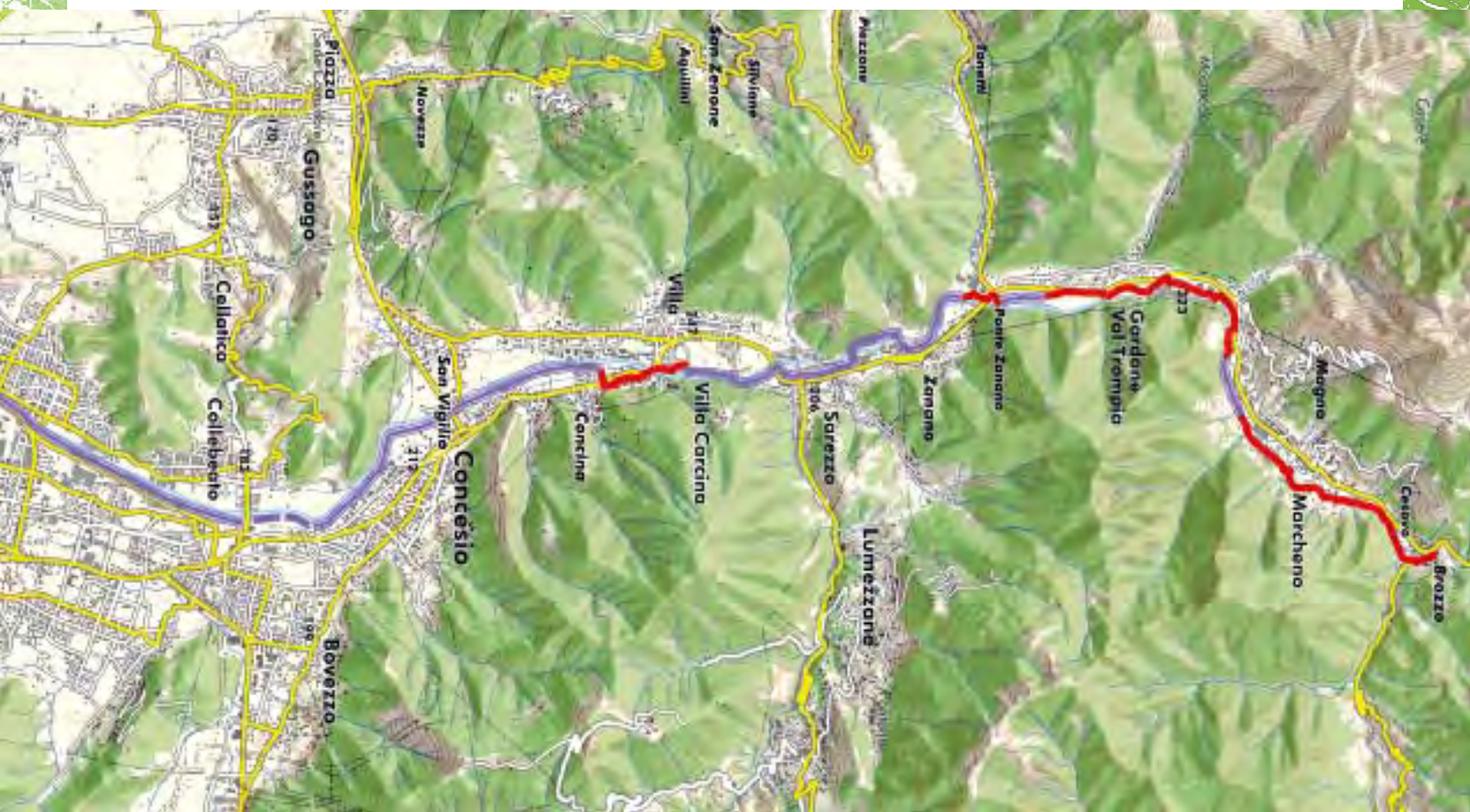
lane up to a bridge. Cross the bridge and turn left on to the wide pavement. At the end, keep left and cross the Mella on a medieval bridge before you turn straight to the right and

follow the route along the riverbank. After a couple of kilometers, the cycle path will bring you back on to the other side of the Mella, where you can continue on a dedicate cycle lane along the very busy SP BS 245 road up to a set of traffic lights. Here, turn left on to Via Artigiani and follow it until the detour (which is sign-posted) along the bank of the Mella. Once you return on to the road, pass the suburb of Noboli, cross the Provinciale at the traffic lights of Ponte Zanano, and turn left until you reach the first road, on to which you turn right towards the sports centre. Behind the football field, in one of the most charming parts of the route, you can take the cycle path again, which is carved between the river and a steep rocky crag. Turn left past the river and then left again to go under a bridge. After you have crossed a couple of smaller roads, the cycle path starts running between

factories and residential homes along the bank of the Mella, and then reaches the underpass of Sarezze and the iron passageway over the river which leads you to the dirt track under the Pregno bridge. From here, continue on to Via Italia up to the underpass for the cemetery where, on its edge, you will find a passageway leading you to the river bank and the cycle path, which will then take you to the edge of the village of Collebeato.



Cycle-pedestrian bridge over River Mella at Sarezze



The Valle Trompia and Mella Cycle Route From Concesio to Castel Mella



The cycle route near Sarezze

From the bridge leading to the old concrete factory in Via Campagnole, you can continue on to the narrow and unstable track carved along the river bank, or you can cross over to the other side of the river, descend to the left onto the locks, and reach a country road which enables you to continue to ride parallel with the river. In each case, you will find yourself at the Collebeato bridge where, on the

left-hand bank, you can take the cycle path again which runs between the bank itself and the west branch of the Brescia ring road (Tangenziale Ovest). The route continues along a dedicated cycle lane up to Via Milano: cross it, turn left, go along the side of the Romanesque church of San Giacomo, and then turn right on to Via Sorbana. After the railway under-



The cycle route along the river

pass, you will meet the cycle path again, which will take you to a traffic light operating "on request" near the Brescia West entrance to the motorway. Cross over and continue along



Limekilns at Ponte Crotte

the paved road up to the industrial area where, by going along Via Girelli and then Via Castagna, you can find the riverbank and its cycle path again. Shortly thereafter, you will reach the Castel Mella bridge, where this route terminates.



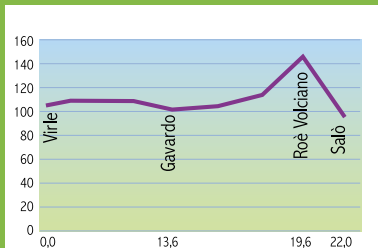
7 The Naviglio Cycle Route

From Mazzano to Roè Volciano towards Salò

The Naviglio (Canal) Bresciano Cycle Route is built on the bed of the old Rezzato-Vestone railway line. It is easy and pleasant to ride and mostly by the canal. The canal was probably built by the Romans, but it was in 1228 that it got to its definite shape thanks to Bishop Berardo Maggi and to the work of the Benedictine monks. The hydraulic work collects the river Chiese waters near Gavardo. The canal flows through most of the Brescia region to irrigate cereals, flax, fodder and fruit trees in the lower Valle Sabbia and in the countryside near Brescia. Along the cycle route are some mills. The most important one is in Gavardo; it is an imposing building where you can see an original wheel of the fourteenth century.



Starting Point:	Mazzano
Destination:	Salò
Level of difficulty:	light
Bike type:	MTB and Citybike
Length:	22 km



INFORMATION:

Provincia di Brescia
Assessorato Cultura e Turismo
- Ufficio Iat di Brescia
 Piazza del Foro, 6 Brescia - Tel: 030.3749916
 iat.brescia@provincia.brescia.it
- Ufficio Iat di Salò
 Piazza Sant'Antonio, 4 Salò - Tel: 030.3748745
 iat.salo@provincia.brescia.it

Strada dei Vini e dei Saperi del Garda
 Via Porto Vecchio, 34 - Desenzano del Garda
 Tel: 030.9990402
 www.stradadeivini.it

Navigazione Lago di Garda
 Piazza Matteotti - Desenzano del Garda
 Tel: 030.9149511
 www.navighi.it

Accommodation

www.provincia.brescia.it/turismo

MUSEUMS, MONUMENTS AND NATURAL AREAS along the way:

Gavardo
Museo Civico Archeologico della Valle Sabbia
 Piazzetta San Bernardino, 2
 Tel.: 0365.371474
 www.gavardo.museivallesabbia.net

BICYCLES SALE AND REPAIR:

Mazzano
Ottorino Benuzzi
 Viale Brescia - Fraz. Molinetto - Tel: 030.2620189

Nuvolento
Bodei Angiolino
 Via Vittorio Emanuele II, 36 - Tel: 030.6919508

Gavardo
Rizzi Mario
 Piazza De Medici, 24 - Tel: 0365.34536

Roè Volciano
Manuel Bike
 Via Bellini, 21 - Tel: 0365.597304

EMERGENCY NUMBER:
 118

The Naviglio Cycle Route • Historic and artistic tips



Valle Sabbia Archaeological Museum at Gavardo

At **Mazzano** you will find the beautiful parish church of San Rocco, dating from the fifteenth century but rebuilt in the sixteenth century. Inside, there is a Moretto masterpiece depicting the Virgin and Child with Saint Rocco and Saint Sebastian, and statues by the Calegari. A **Nuvolento** stands the beautiful church of Santa Stefania, founded in the twelfth century and rebuilt in the fifteenth century. Of the original Romanesque structure, only the apse and the beautiful

bell-tower remain. Inside there are votive frescoes from the fifteenth and sixteenth centuries. Interesting mansions adorn the village of Nuvolera, where its eighteenth century parish church holds a fine altarpiece by Francesco Giugno. Worth noting in **Prevalle** are the two beautiful parish churches of Upper Prevalle, from the seventeenth century and featuring paintings by Antonio Campi and Sante Cattaneo, and Lower Prevalle, rebuilt in the seventeenth century on a design by Rodolfo Vantini and adorned with paintings by Palma the Younger, Luca Mombello and Gandino. Of interest in the old



San Rocco in Gavardo

part of **Gavardo** is the fifteenth century Bishop's House (Casa Del Vescovo) which houses the Museum of Archaeology of the Valle Sabbia, with important finds from the Bronze



Villanuova sul Clisi

Age. Leaving the village, we recommend a stop at the fifteenth century Church of San Rocco, with its fine frescoes and wooden crucifix. The old part of **Roè Volciano**, with its elegant mansions, is dominated by the sixteenth century parish church, built on a pre-existing Romanesque basilica. Inside are two masterpieces by Zenon Veronese.

7 The Valtenesi Cycle Routes

Between Salò, Lonato and Desenzano

This cycle route travels along the western shore of the lake from the town of Limone to Barcuzy Lonato, departing from the lake near the Abbey of Maguzzano. The stretch called "From Valtenesi to Villa di Salò to Barcuzy" (the first part of the route as described below) is fully open and usable, while the sections from Toscolano Maderno to Campione di Tremosine and Limone are still being designed and/or completed.

A second part of the route (from Villa di Salò to the Abbey in Maguzzano) is open for travel, but as yet has no road signs or directions on it.

Starting Point:	Villa di Salò
Destination:	Maguzzano
Level of difficulty:	moderate
Bike type:	MTB and Citybike
Length:	18 km



Useful information

INFORMATION:

Provincia di Brescia
Assessorato Cultura e Turismo
- Ufficio Iat di Brescia
 Piazza del Foro, 6 Brescia - Tel: 030.3749916
 iat.brescia@provincia.brescia.it

- Ufficio Iat Salò
 Piazza Sant'Antonio, 4 Salò - Tel: 030.3748745
 iat.salo@provincia.brescia.it

- Ufficio Iat Desenzano del Garda
 Via Porto Vecchio 34 - Tel 030.3748726
 iat.desenzano@provincia.brescia.it

Strada dei Vini e dei Saperi del Garda
 Via Porto Vecchio, 34 - Desenzano del Garda
 Tel: 030.9990402
 www.stradadeivini.it

Navigazione Lago di Garda
 Piazza Matteotti - Desenzano del Garda
 Tel: 030.9149511
 www.navighi.it

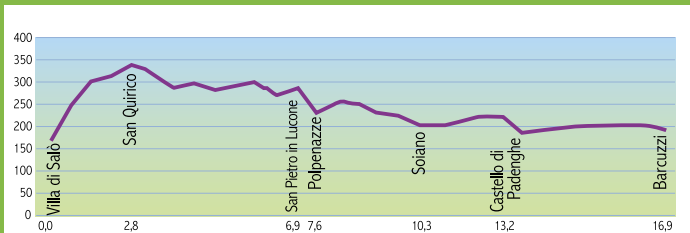
Accommodation

www.provincia.brescia.it/turismo

BICYCLES SALE AND REPAIR:

Moniga
Evento Bici
 Via Pergola, 46
 Tel: 0365.502560

EMERGENCY NUMBER:
 118



The Valtenesi Cycle Routes • Historic and artistic tips

The old centre of the town of **Salò**, with its Art Nouveau buildings and ancient houses, is dominated by the magnificent late Gothic Cathedral (dating back to 1453), which features two masterpieces by Romanino. The Palazzo della Magnifica Patria, now used as the Town Hall, is well worth seeing for its fifteenth century gate-house. Near **Puegnago del Garda** is the Natural Reserve of the small lakes of Sovenigo (*La Riserva Naturale Dei Laghetti Di Sovenigo*), a small corner of paradise with rare blooms bursting into flower in sum-



San Pietro in Lucone

mer. The Church of San Pietro in Lucone, which was rebuilt between the fourteenth and fifteenth centuries on the site of a Roman villa, can be found in **Polpenazze sul Garda**. Inside, you will find several

well-known murals from the fourteenth and fifteenth centuries, including a series from the Verona School in the apse. The old part of **Soiano del Lago** is laid out around its castle, which was built in the tenth century on a site where older buildings had previously stood. The local church contains works by Andrea Celesti. The town of **Padenghe sul Garda** is dominated by the imposing castle towers built around the year 1000 on the ruins of a Roman fort. The present layout,

with houses arranged in three parallel rows, dates from the thirteenth and fourteenth centuries. Nearby, the twelfth century Romanesque church of Sant'Emiliano is flanked by medieval rural buildings. In the **Lonato** area, you will find the Benedictine Abbey of Maguzzano, an original monument from the tenth century which was rebuilt in Renaissance style at the end of the fifteenth century, with elegant cloisters and an abbey church featuring the famous "Assumption of the Virgin" by Moretto's School.



Soiano Castle



Small lakes near Puegnago

The Naviglio Cycle Route From Mazzano to Roè Volciano and Salò

From the local church in Virle, you can take the cycle path to the roundabout, then turn right before turning left at the cycle-friendly underpass beside the canal. This is the beginning of the towpath, almost entirely reserved for bicycles, which goes along the canal all the way



The Naviglio

up to the centre of Gavardo. Here, once you have returned on to the old main road, you will get to just before the bridge, where you go left up to the roundabout. Take the road that runs along the river Chiese to the hamlet of Sopraponte, and then turn right along a minor road which

follows an old pathway which is possibly Roman, reaching the woods beside the river bank. At the end, after you have passed the river Chiese and a the car park of a shopping centre, take the track along the side of a canal as far as a crossing that leads

to the path of a disused railway line. Go along the old path, which is now paved over, up to the iron bridge that crosses the road, where you can admire the charming bay of Salò. The path starts to descend down to the training college (scuola professionale) of Roe' Volciano,

which you must pass in order to get onto a downhill gravel path that leads to a side street within the village. Go through another couple of small villages, and you will soon reach the outskirts of Salò.



Along the Naviglio



The Valtenesi Cycle Routes Between Salò, Lonato and Desenzano

The **first part** of the route starts at the village of Villa di Salò, where you should go up Via Palazzina before turning left on Via Navelli. There is a steep climb here lasting about a kilometre up to the summit of the hill. As you reach the top, the ground becomes softer, and you reach the highest point of the ride in San Quirico. There are now some more short uphill climbs as well as several downhill slopes that will take you down almost as far as the lake. At the end of the first downhill slope on via Portassena, go left at the stop sign on to a busy road, and carry on for about six hundred metres before taking the right turn uphill. Follow the road up to the village of Basia, and go to the cemetery of San Polpenazze and the



Padenghe Castle

church of San Pietro in Lucone. From here, go downhill until you reach a row of old houses, where you should turn right onto Via Vedrine. Cross the main road and continue along the cycle path until you reach the road to Castelletto. At the end of the downhill stretch turn left on to the cycle path, and continue all the way to the first few houses in Soiano. Cross the main road with great care, and continue along the cycle track. As you arrive near a quarry turn left all the way up to a busy road near the castle of Padenghe. Go right until you reach a shrine to the Virgin Mary, where you can join the cycle track again which starts to climb lightly. Once you reach the dirt track, turn left

up to the church of Sant'Emiliano, and from here turn right up to the crossing of the Padenghe ring road. Continue along the cycle path until you enter the village of Poggio del Sole. At the end of this village, go along Via Sant'Anna up to the small church of Sant'Anna. From here, go along a road dotted with many small residential homes until you reach a stop sign situated on the Lombardi Lakes cycle path.

The **second part** of the route starts at Zette of Salò and goes along Via Santa Caterina as far as Raffa di Puegnago, and then on to Manerba and Moniga. Cross the ring road and follow Via Sotto Monte Tapino up to the Town Hall of Padenghe. Continue on the new cycle path along the side of the industrial area until it meets the Lakes cycle route near Maguzzano.

